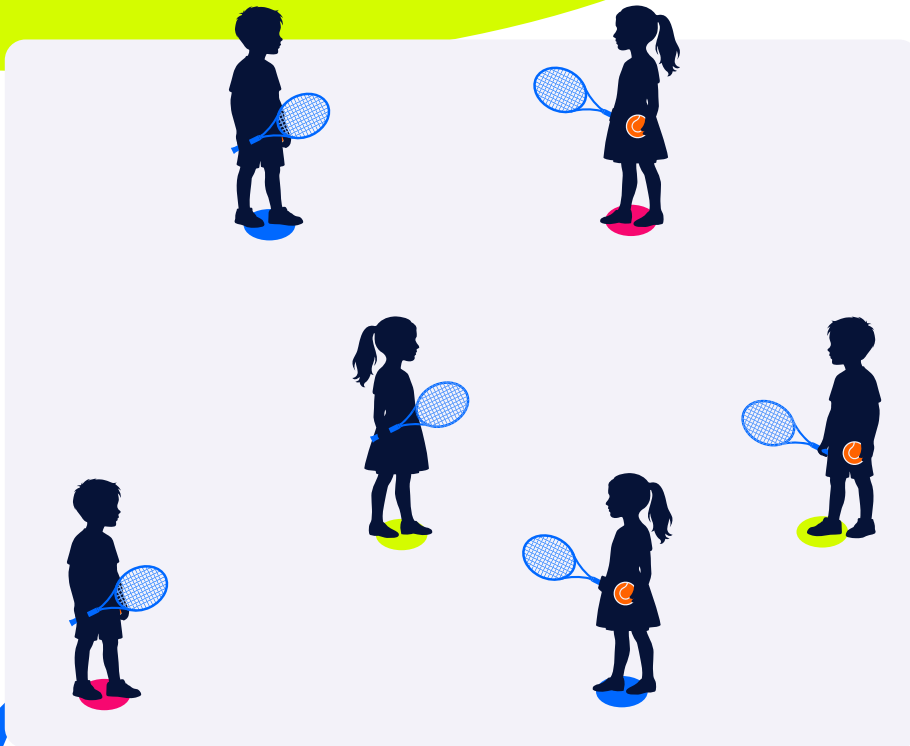


SAFARI RACKET & BALL: Safari Racket Rescue

Set the scene:

“You are safari rangers! Keep your animal safe and rescue them from the lion.”



Brain focus
activities:



Equipment:



Balls (one per child)



Spots (one per child)



Rackets or hitting hands
(one per child)

How to Play:

- Each child stands on a spot (animal home) with a ball (animal baby) on the ground and a racket.
- Children move around the space like the tortoise slowly rolling the ball with the racket.
- When you call “lion” the children move quickly, still rolling the ball, back to their spot to protect from the predators.
- Repeat, moving around the space, as different animals.
 - **Monkey** – small tap forward with the racket, stop the ball and then tap again.
 - **Hare** – drop and catch the ball between the racket strings and hand (or drop and bounce with the racket).

TEACHING POINTS:

- When rolling the ball keep it close to the racket.
- Point your palm / strings of the racket where you want the ball to go.
- Roll and tap the ball gently – don’t hit it.
- You may want to separate the children into different groups and give them an area to work in so that they stay in that area to help with spatial awareness.

SKILL UP:

- Create your own animal movements with the ball and racket.



SEE IT IN ACTION