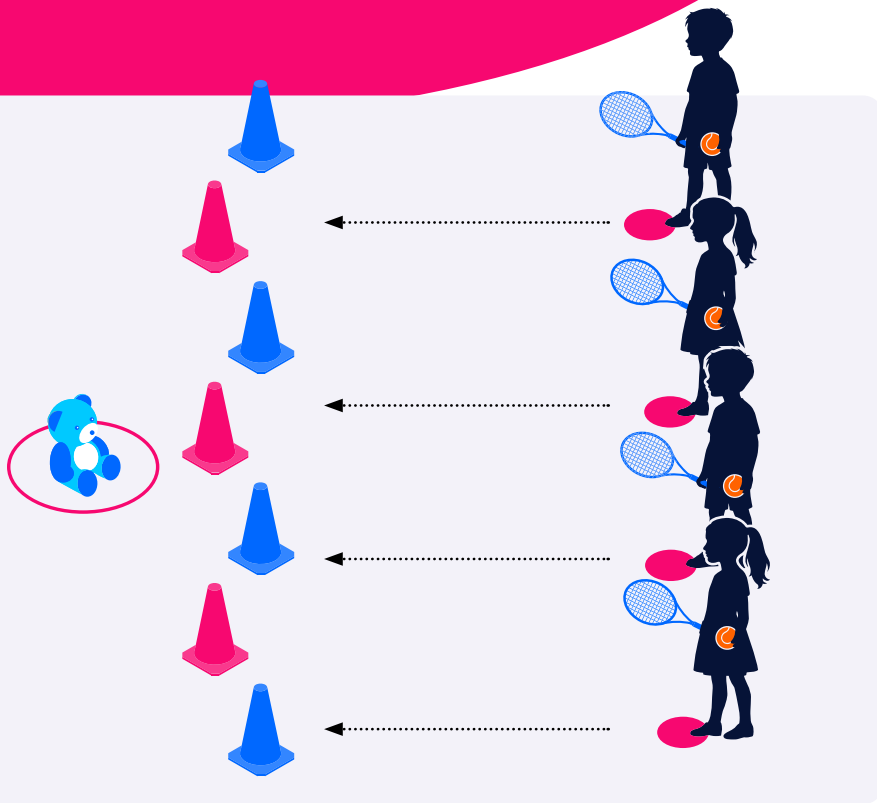


FIREFIGHTERS RACKET & BALL: Put out the Fire

Set the scene:

“The buildings are on fire! Let’s save teddy with our strong water shots.”



Brain focus
activities:



Equipment:

-  Balls
-  Spots (one per child)
-  Hoop
-  Traffic cones
-  Teddy
-  Rackets or hitting hands (one per child)

How to Play:

- Set up the cones (flames) across one side of the space.
- Children stand on the other side of the space on a spot each with a racket and a ball.
- Children place their ball on the floor and roll the ball along the floor with the aim of hitting a flame and saving teddy.
- Repeat several times to put out the fire.

TEACHING POINTS:

- Place the ball to the front and side of the body.
- Palm and racket strings pushes towards the targets.
- Swap the hand that the racket is in so using both right and left hands.

SKILL UP:

- Children start holding the ball and drop and tap the ball towards the target. Repeat several times then swap the racket to the other hand.



SEE IT IN ACTION