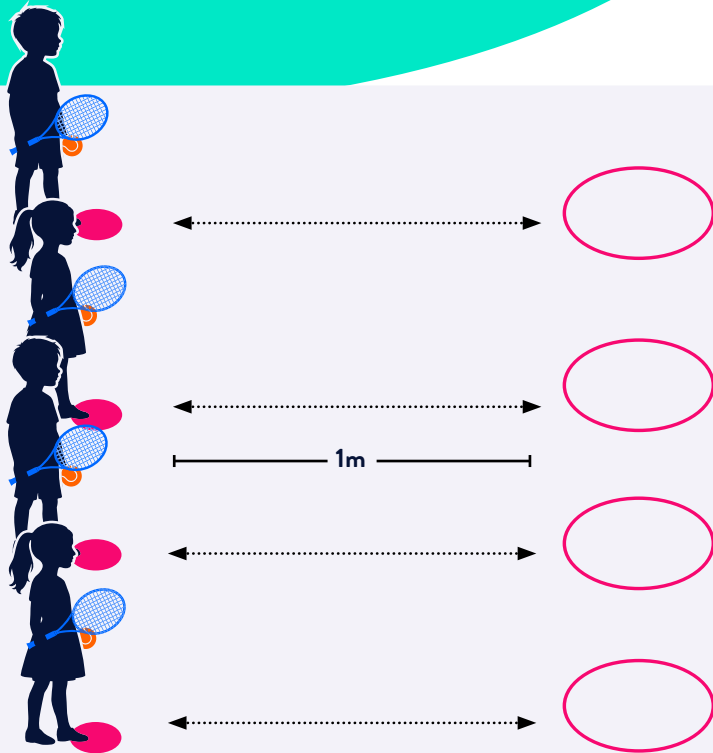


JUNGLE RACKET & BALL: Monkey Path Push

Set the scene:

“We are going to take the food to the monkey caves.”



Brain focus
activities:



Equipment:



Balls (one per child)



Spots (one per child)



Hoops



Rackets or hitting hands
(one per child)

How to Play:

- Place spots opposite the monkey caves (hoops) approximately 1 metre apart.
- Children start on the spots, and each child has a racket and a ball (monkey food) that they place on the ground. Using the racket children walk and roll the ball towards the monkey caves, stopping the ball in the hoop.
- Then roll the ball back to the spot.
- The monkeys are hungry so keep feeding them and repeat several times.
- Count how many times you can feed the monkeys.
- This activity can be done individually or in pairs to encourage sharing and team work.

TEACHING POINTS:

- Watch the ball.
- Have the racket and ball at the side of the body.
- Keep the ball close to the racket.
- Point your palm and racket strings towards the target.
- Walk with control.

SKILL UP:

- Increase the speed of movement across the jungle.
- Place obstacles on the floor between the spots and the hoops, encouraging children to move in different directions around the space and increasing spatial awareness of others moving in different directions.



SEE IT IN ACTION