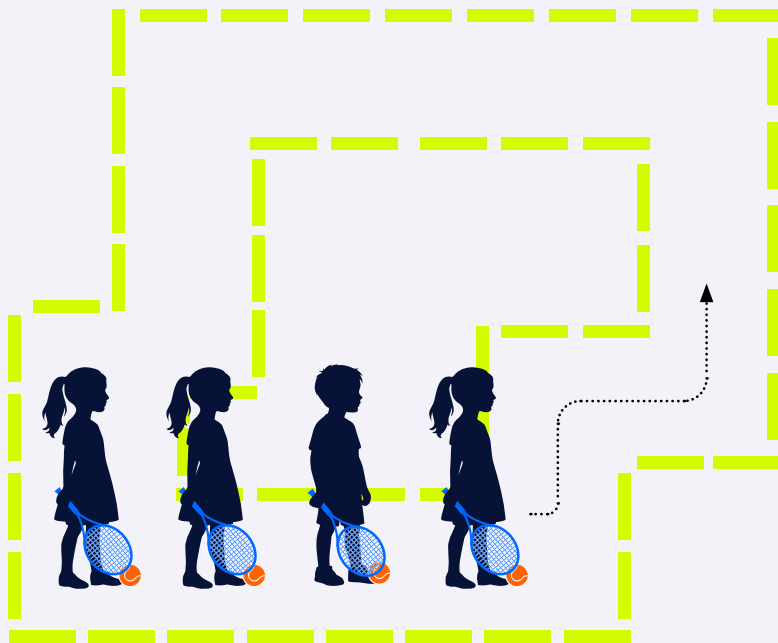


CIRCUS RACKET & BALL: Lion Roll

Set the scene:

“Let’s roll the balls around our circus track.
Be careful of the lions.”



Brain focus
activities:



Equipment:



Balls (one per pair)



Throw down lines



Rackets or hitting hands
(one per pair)

How to Play:

- Create a track with throw down lines.
- Children stand at one end of the track with a racket and ball.
- Children roll the ball using the racket staying inside the track.

TEACHING POINTS:

- Point the palm and strings forward along the track.
- Move slowly.
- Keep the ball in contact with the racket.

SKILL UP:

- Change the course of the track to make it harder.
- Children can tap the ball instead of rolling it.



SEE IT IN ACTION