

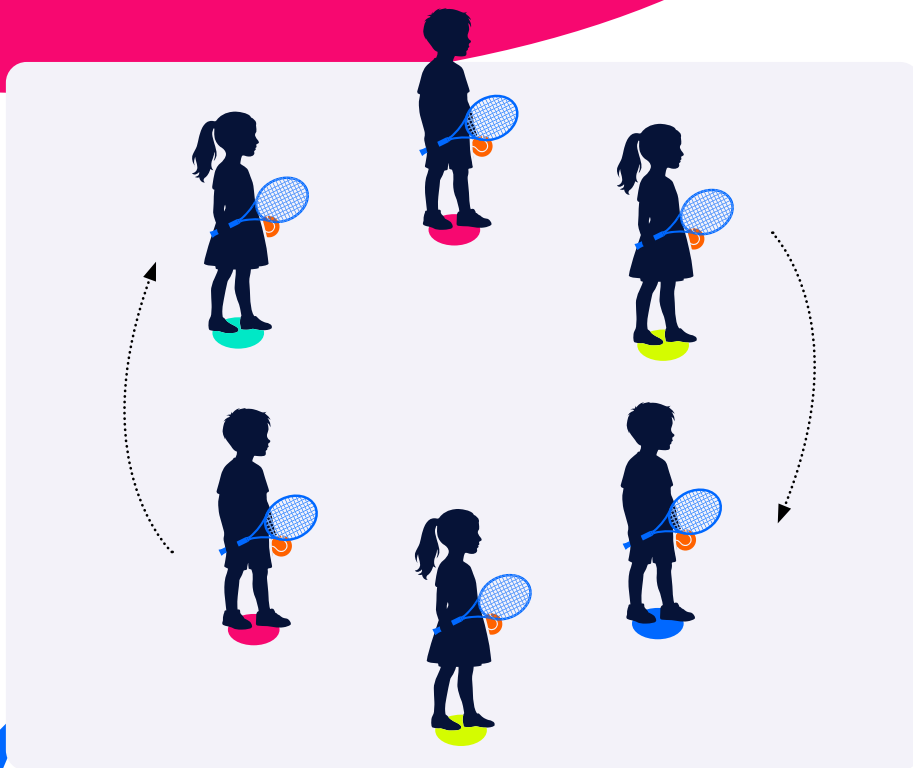
DINOSAURS

RACKET & BALL:

Dino Roll

Set the scene:

“Let’s take our baby dinos for a walk”



Brain focus
activities:



Equipment:

-  Balls (one per child)
-  Spots (one per child)
-  Rackets or hitting hands (one per child)

How to Play:

- Place spots in a circle.
- Children have a racket and ball (egg) each and start on a spot.
- Children walk round the spots rolling the ball next to them.
- Try to make the ball touch all the spots as they walk round.

TEACHING POINTS:

- Keep the ball close to the racket.
- Point the palm and string towards the nest.

SKILL UP:

- Balance the ball on the racket.
- Increase the speed of movement.



SEE IT IN ACTION