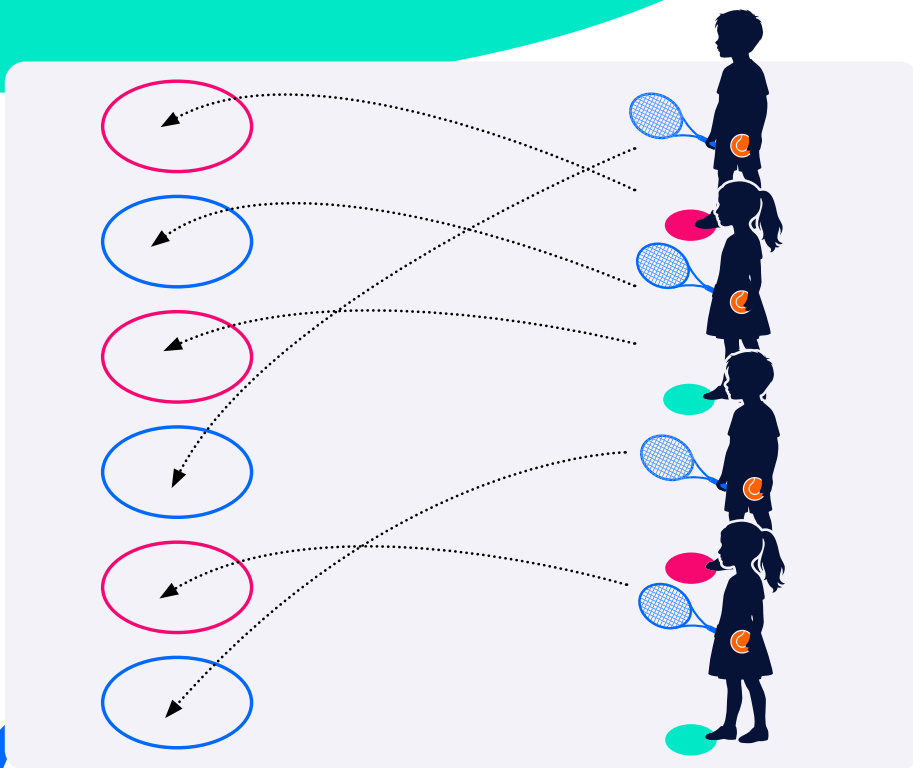


FARM RACKET & BALL: Barn Tap

Set the scene:

"We are going to feed the animals together."



Brain focus
activities:



Equipment:



Balls



Spots (one per child)



Hoops



Rackets or hitting hands
(one per child)

How to Play:

- Children stand on a spot with a racket and ball.
- Place hoops opposite children; each hoop is a different animal.
- Children roll or tap the ball to the hoop to feed the animals.
- Repeat several times aiming to feed the different animals.

TEACHING POINTS:

- Hold the ball in the non-racket hand.
- Drop the ball.
- Small controlled swing low to high.
- Point palm and strings towards target.
- Balanced finish.
- Use cue words to help with timing "drop, bounce, tap."

SKILL UP:

- Score a point if the ball lands in a hoop.
- Choose a hoop for children to aim at changing the direction of the target.
- Move further away for a greater challenge and with wider spacing for accuracy.



SEE IT IN ACTION