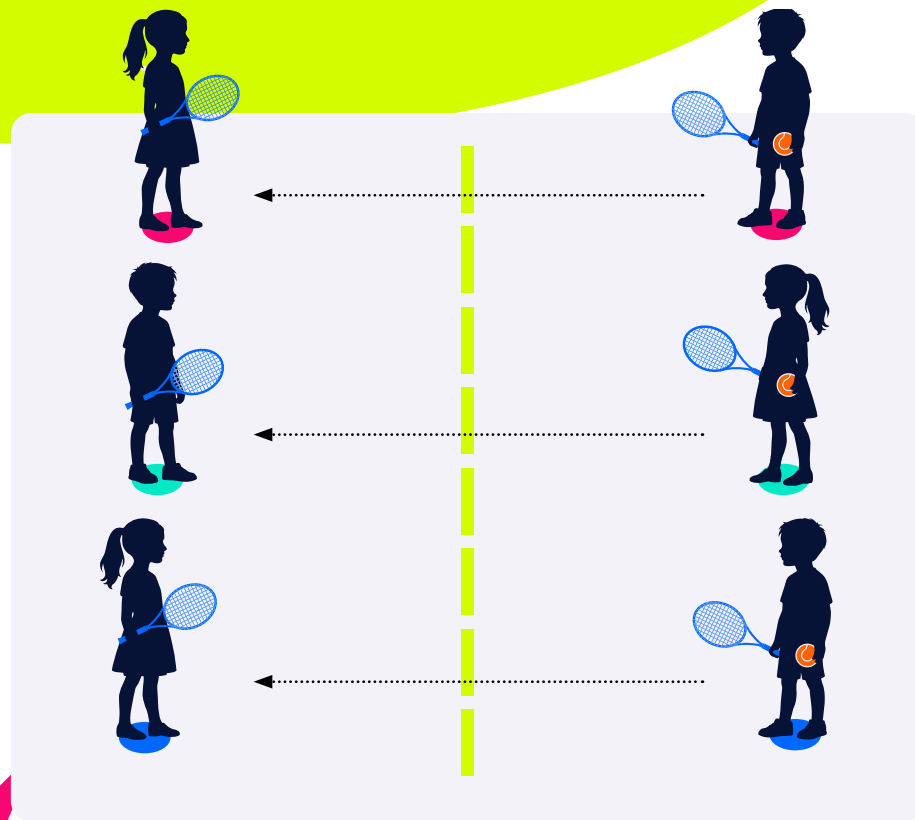


CIRCUS GAME: Circus Curtain

Set the scene:

"It's time for the circus curtain."



Brain focus
activities:



Equipment:

-  Balls (one per pair)
-  Spots (one per child)
-  Throw down lines
-  Rackets or hitting hands (one per child)
-  Net or barrier tape

How to Play:

- Children work in pairs with a racket each and one ball per pair. Children stand on a spot approximately 2 metres away from their partner with a line (circus curtain) placed in between them.
- Children place the ball on the ground and gently roll it with the racket over the circus curtain to their partner.
- Their partner stops the ball with the racket then rolls it back.
- Repeat several times.
- Children can then progress to using the net and attempting to tap or hit the ball over the net (curtain).

Cool Down:

- For the grand finale all children balance a ball on the racket, take 5 deep inhales and exhales and walk to the centre of the space, and take a big circus bow!

TEACHING POINTS:

- Stand to the side of the ball.
- Point the palm and racket strings to your partner.
- Watch the ball.
- Move to the ball.
- Splat the ball to stop it with control.

SKILL UP:

- Keep the ball moving continuously without stopping it.



SEE IT IN ACTION