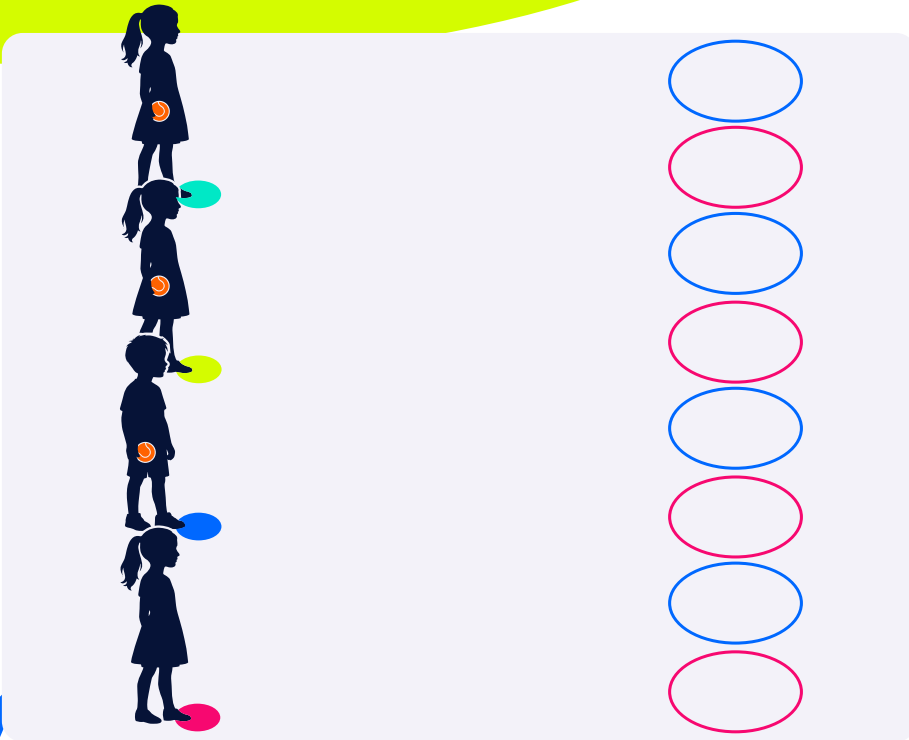


PIRATES BODY & BALL: Treasure Toss

Set the scene:

“Now we are going to toss our treasure.”



Brain focus
activities:



Equipment:



Bean bags or balls



Spots



Hoops, buckets or baskets

How to Play:

- Each child starts on a spot with a collection of treasure (bean bags or balls).
- Place treasure chests (hoops / buckets / baskets) at different angles approximately 2 metres from the children.
- Children will throw the bean bags or balls underarm aiming to land in different treasure chests.

TEACHING POINTS:

- Turn your body to the treasure chest you are aiming for.
- Swing the arm low to high.
- Increase / decrease the speed or size of the swing to land in the target.
- Point the palm at the target.

SKILL UP:

- Children use an overarm throw.
- Add greater angles to the treasure chests.



SEE IT IN ACTION