

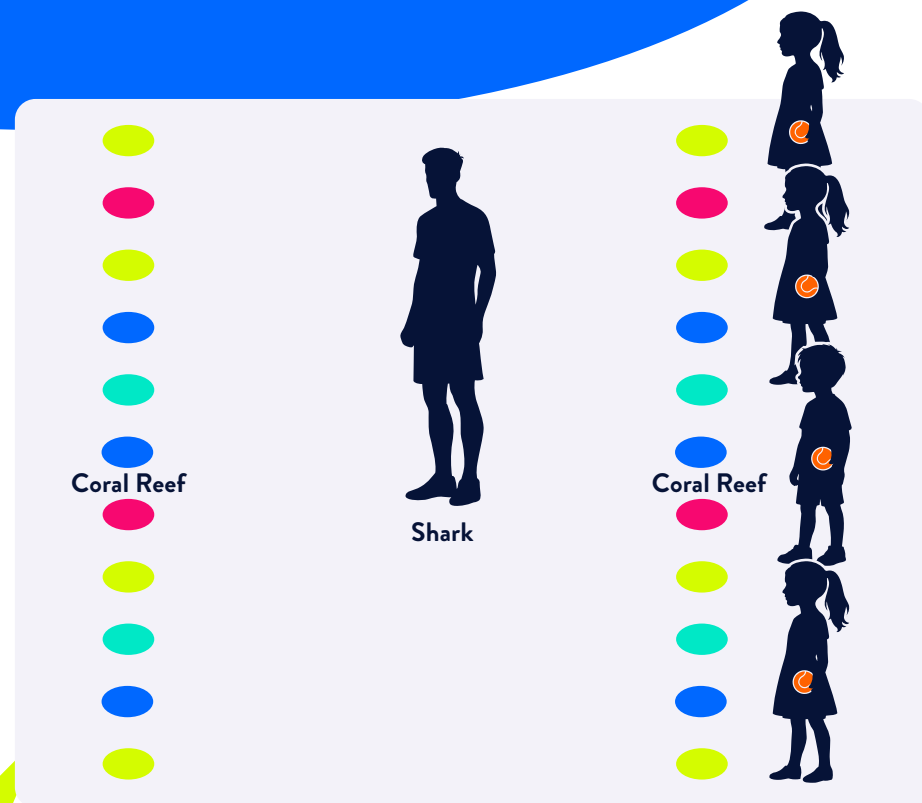
# UNDER THE SEA

## BODY & BALL:

### Shark Chomp

#### Set the scene:

“Beware of the sharks. It’s shark chomp.”



Brain focus activities:



#### Equipment:



Balls (one per pair)



Spots

#### How to Play:

- Scatter spots (coral) on both sides of the space so that children can move safely around the “sea.”
- The playing area is the sea, and the spots are coral reefs where sea animals hide.
- Each child has a ball (fish), and start standing on the coral.
- An adult is the “Shark” and stands in the middle of the sea – they try to eat any loose fish!
- Children move from one side of the sea and move to the other side carrying the ball.
- Repeat several times.
- Children then move from one side of the sea to the other bouncing the ball as they move across.
- Repeat several times.
- Children now move across the sea throwing the ball up in the air, let it bounce then catch it.
- Repeat several times.
- Children now move across the sea rolling the ball along the floor, staying close to it so that it doesn’t get eaten.
- Repeat several times.

#### TEACHING POINTS:

- Head up and look where going.
- Watch the ball.
- Cup your hands to catch the ball.
- To roll straight, point your fingers to where you want the ball to go when releasing the ball.

#### SKILL UP:

- Increase the distance the children have to cross.
- Move more quickly.



SEE IT IN ACTION