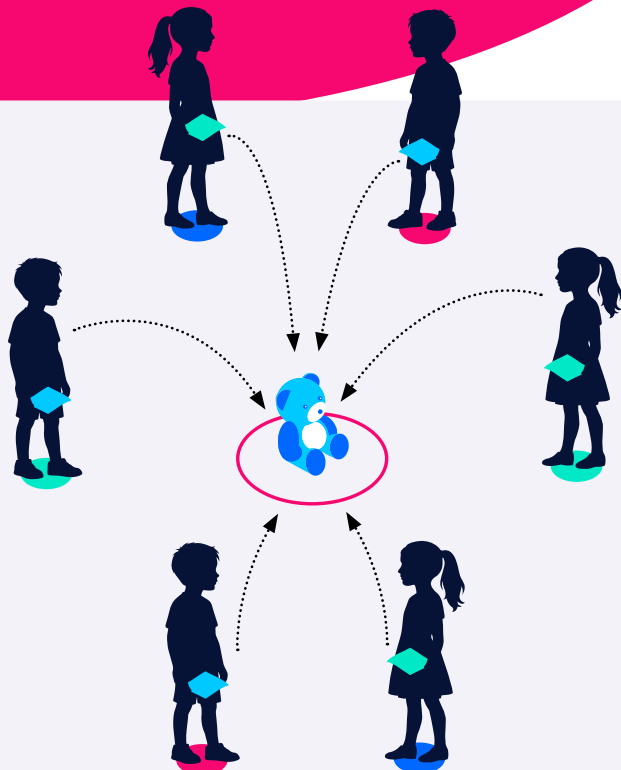


FIREFIGHTERS BODY & BALL:

Rescue the Teddy

Set the scene:

“Oh no! The teddy is stuck near the fire.
We must throw the water to the teddy!”



Brain focus
activities:



Equipment:



Bean bags



Spots (one per child)



Hoop



Teddy

How to Play:

- Place a teddy in a hoop in the middle of the space.
- Each child starts on a spot and has bean bags (water).
- Children throw the water aiming for the hoop.
- Encourage underarm and overarm throwing.

TEACHING POINTS:

- Swing arm low to high.
- Palm and fingers point towards target.

SKILL UP:

- Increase the distance for the children to throw.



SEE IT IN ACTION