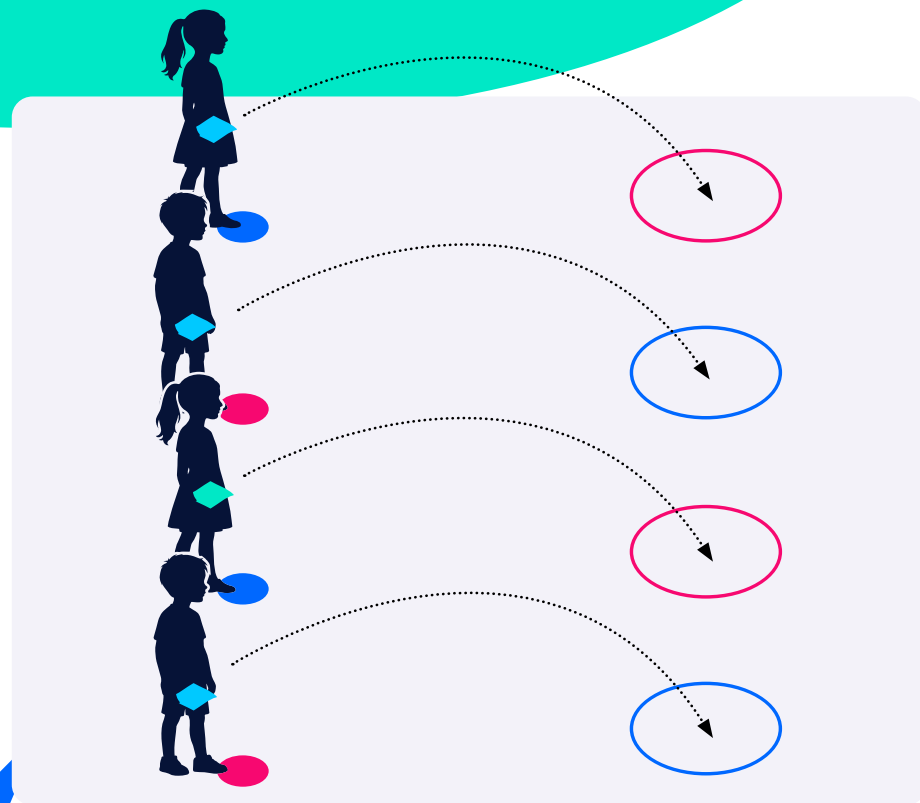


JUNGLE BODY & BALL:

Feed the Monkeys

Set the scene:

“Now it’s time to feed the monkeys.”



Brain focus
activities:



Equipment:



Bean bags



Spots



Hoops

How to Play:

- Place spots opposite the monkey caves (hoops) approximately 1 metre apart.
- Children stand on the spots with monkey food (bean bags).
- Children take it in turns to throw the monkey food into the monkey caves.
- The monkeys are hungry so keep feeding them and repeat several times.
- After 3 successful feeds with the food landing in the cave, move the spot a step further away from the target. “Can you make the food land softly in the cave?”
- If needed, move the spot closer to the monkey cave or use a larger target on the ground.

TEACHING POINTS:

- Throw with one hand.
- Swing the arm low to high at the side of the body.
- Palm and fingers point towards the target.
- Emphasise control over power.

SKILL UP:

- Use buckets or baskets as the monkey caves so that the children have to control the throw higher.
- Throw with the right hand, and with the left hand so that the children are developing both sides of the body.



SEE IT IN ACTION