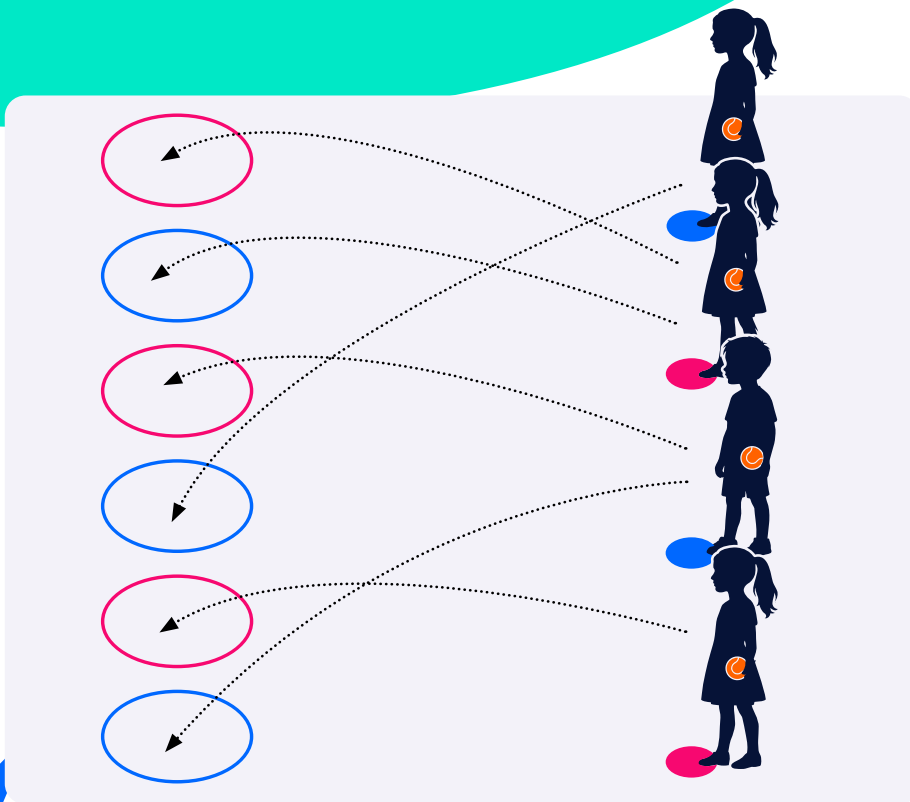


FARM BODY & BALL: Feed the Animals

Set the scene:

“Now we are feeding the animals.”



Brain focus
activities:



Equipment:



Balls or bean bags



Spots (one per child)



Hoops

How to Play:

- Children stand on a spot with a ball or bean bag.
- Place hoops opposite children; each hoop is a different animal.
- Children throw or roll the ball to the hoop to feed the animals.
- Repeat several times aiming to feed the different animals.

TEACHING POINTS:

- Eyes on the target.
- Step forward with opposite foot.
- Slow controlled swing of the arm forward.
- Palm faces target.

SKILL UP:

- Use an overarm throw to feed the animals.



SEE IT IN ACTION