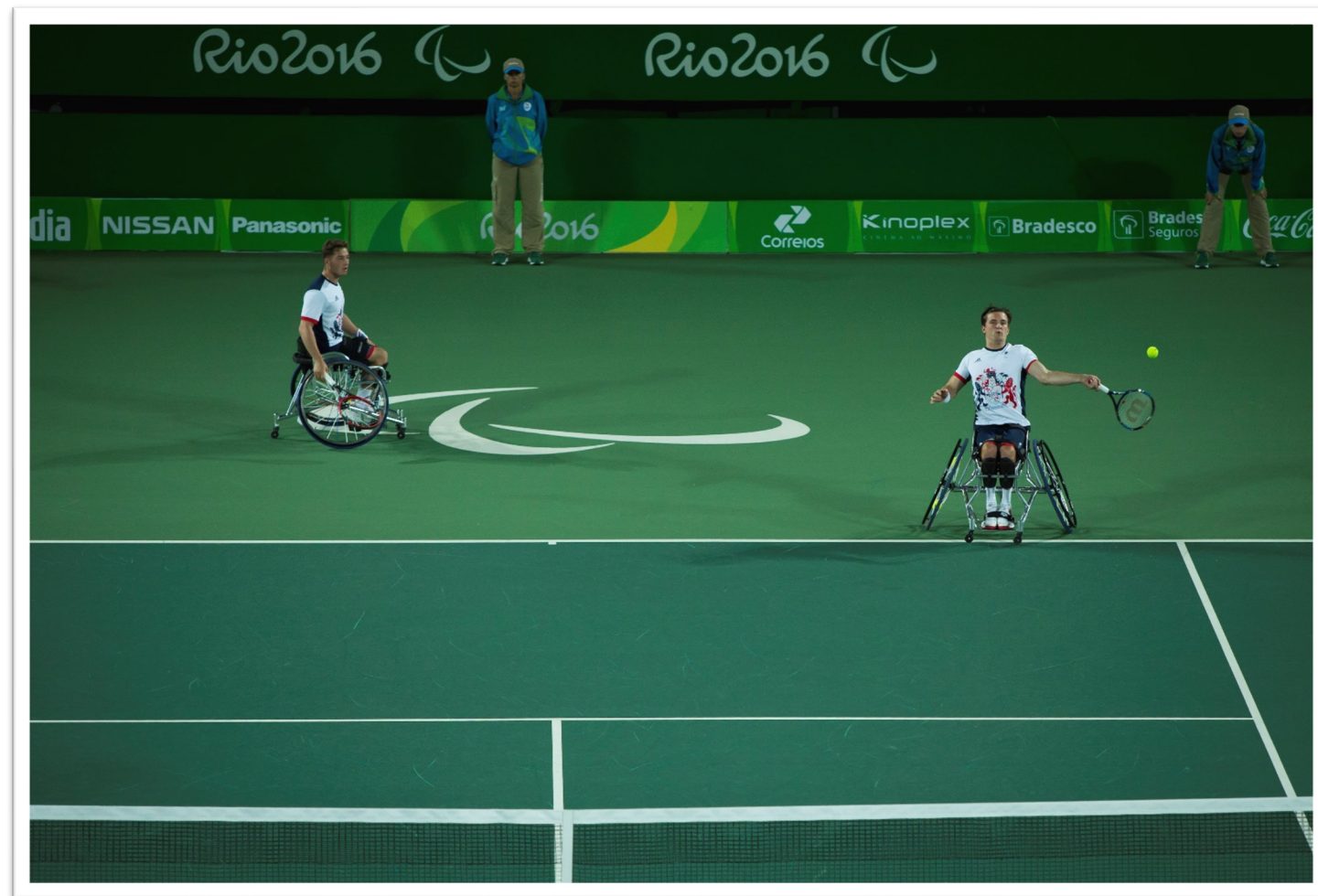


Get Set to Ace it!

This is Tennis assembly



About this resource

In this resource, students are introduced to tennis with the aim of getting them excited about the sport. The presentation includes an overview of the sport, with facts, highlights, key players, benefits and information about how and where to play. Students will also be introduced to different forms of tennis including wheelchair tennis, visually impaired tennis and deaf tennis.

Format and activities

This assembly is one of two and can be used with students aged 7–14 . They can be used together or individually to explore tennis. It is designed to be flexible and interactive. Play the PowerPoint, including the videos and leave time for questions about tennis at the end.

Check the notes below the slide for prompts to support the delivery of the assembly. These notes include options to make the assembly active, building good habits of non-sedentary behaviour and embedding physical activity throughout school learning to help students achieve their recommended daily amount of exercise (see teacher notes).

Duration

The assembly duration will be approximately 20–30 minutes. Options are included to make this active or explore the subject further as part of a class project (see teacher notes).

Curriculum fit

Curriculum focus: PE, PSE, PSHE, PD&MU, health and wellbeing, diversity.

Tennis is a sport for everyone



This is tennis!



Tennis is one of the most popular sports across the world. It's fun, fast and easy to learn.



Junior tennis is played by millions of children across the world.



**There is also
wheelchair tennis...**



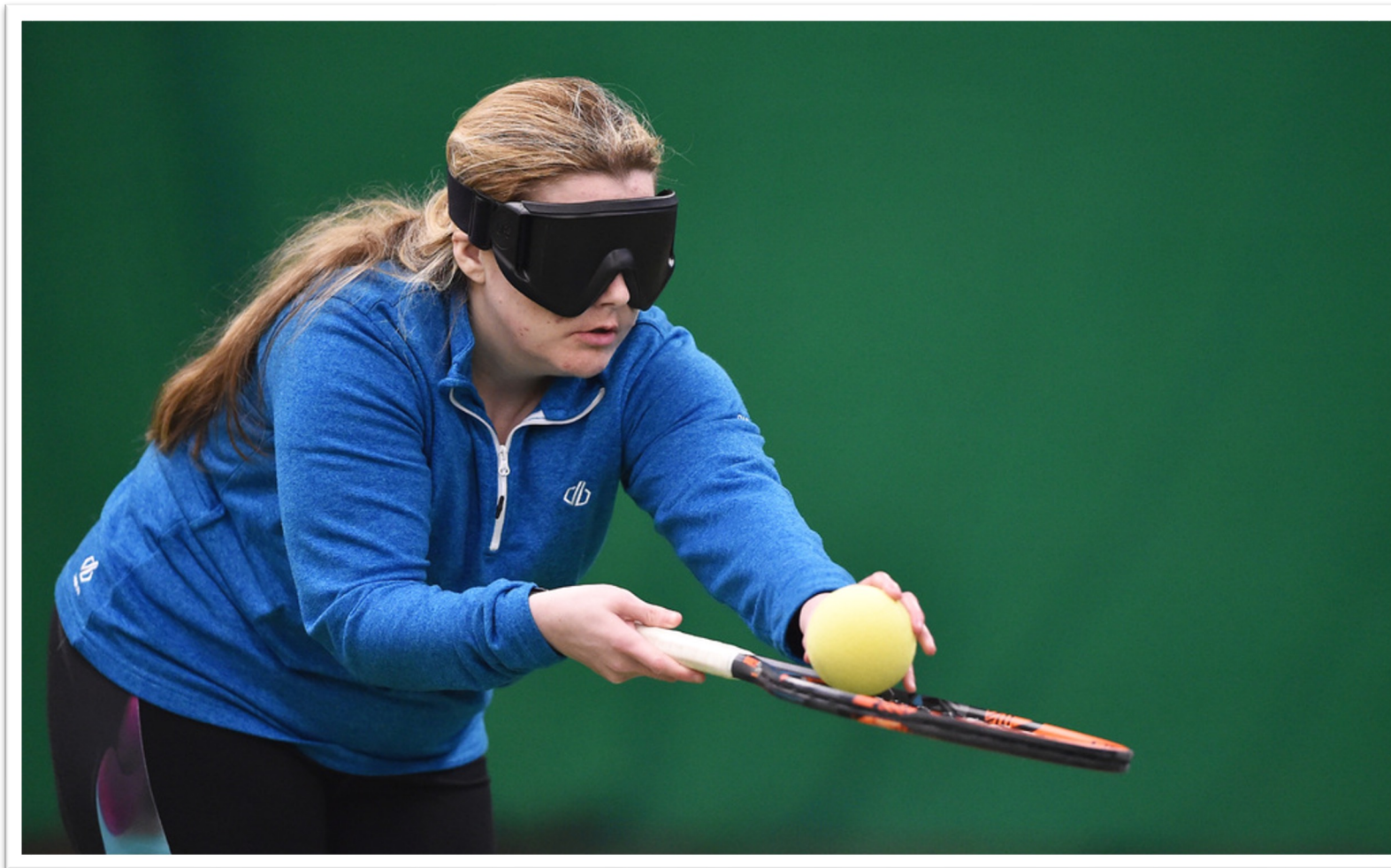
...learning disability tennis...



...deaf tennis...



...and visually impaired tennis.



What is tennis?

- Tennis is an Olympic and Paralympic sport.
- The world's top players are famous professionals.
- The best players hit the ball at over 100 mph.



**Tennis is played on a court.
It is a rectangle of about 24 x 11 metres.
There are lines showing where players
must serve.**



**The players must hit the ball over a net
107 cm high.**



Players use rackets that have a frame and strings.

The ball is made of hollow rubber covered in fabric.



Wooden racket from 1950s



Modern graphite racket

Players start by serving. On each side of the net there are two service courts: left and right. These are boxes into which the players must serve. They are bound by side lines, the service line and the centre line.



Players hit the ball back and forth until someone hits the ball out of the court or into the net.



The umpire keeps the score. Players win points, games, sets and matches.

The winner is usually the first to get two sets or three sets.



There are lots of different shots:

- Forehands
- Backhands
- Serves
- Volleys
- Lobs
- Drop shots
- Smashes
- Hot dogs (between the legs)



Sometimes players make the ball spin.



Here are some of the world's best players:



- Andy Murray



- Jordanne Whaley



- Rafael Nadal

Gordon Reid (GB) and Jordanne Whiley (GB) are two of the world's top wheelchair tennis players.

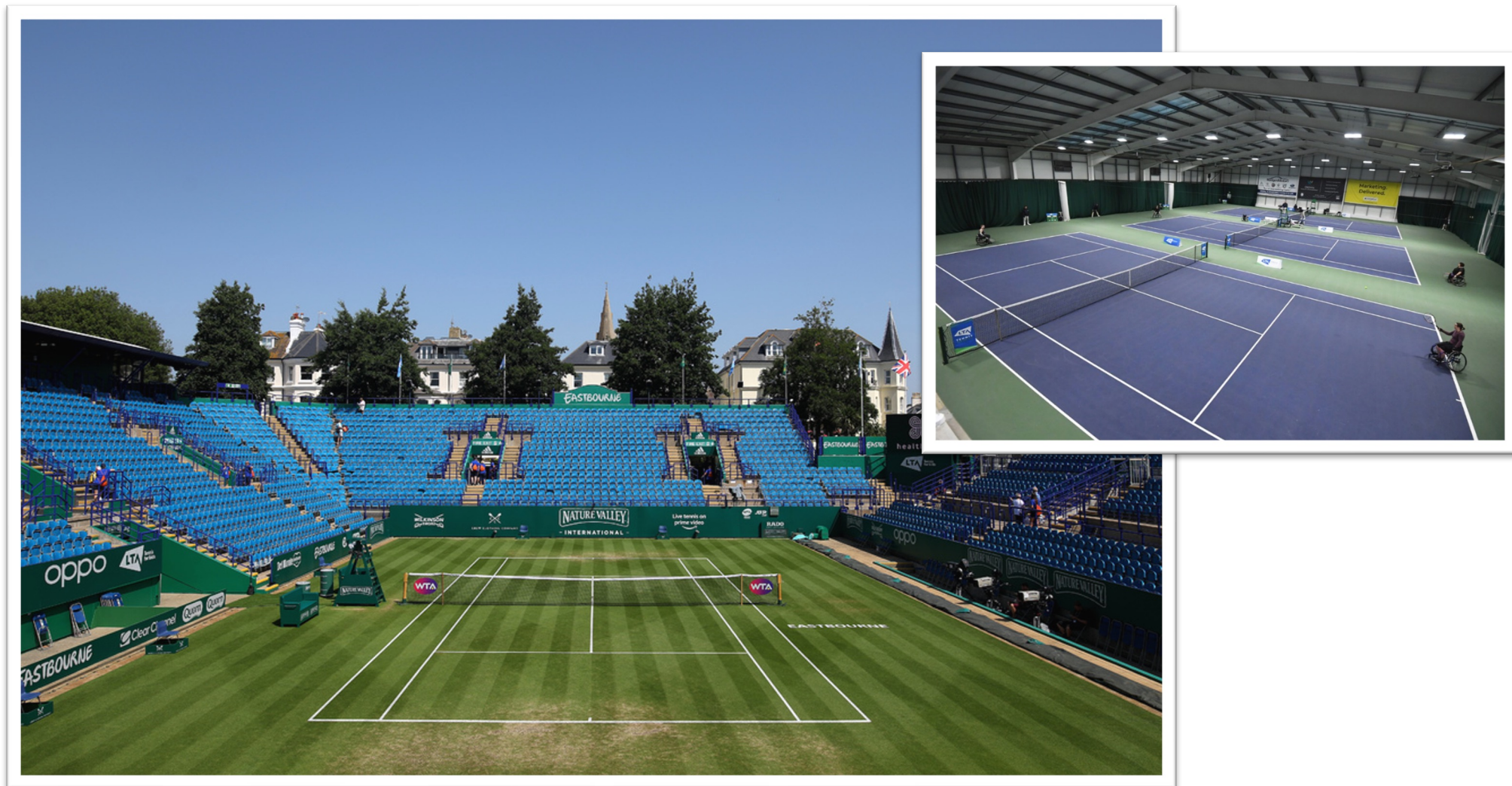


The most famous tennis and wheelchair tennis tournament in the world is The Championships played at Wimbledon in London.

The matches are played on grass courts.



Some courts are hard courts, some are clay or carpet and some are hard.



Tennis and wheelchair tennis will both be competed at Tokyo 2020.



There are singles matches (one player on each side) and doubles matches (two players on each side).



**You can learn to play at your local club,
park or community venue.**

Coaches help you to learn the game.



Young players use a smaller court and a different ball. This makes it easier to play.



Tennis is a great game and a great way to stay active and healthy.



Why not give it a try?

