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EQUIPMENT:

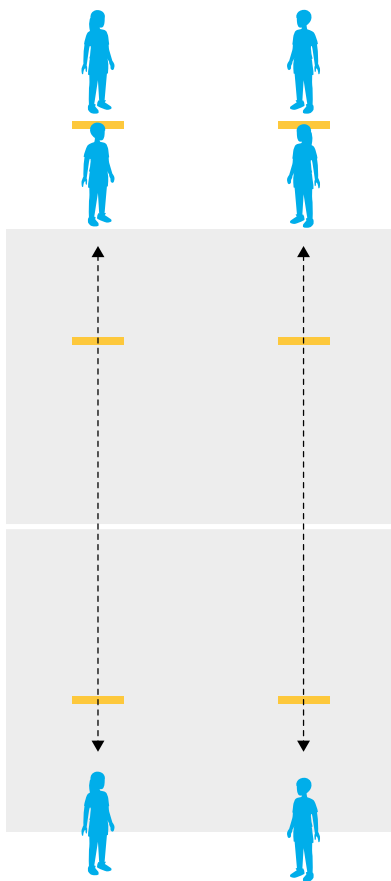
- Balls
- Throw down-spots

ORGANISATION:

- Mark out a court area.
- Position players at the side of the court and demonstrate.
- Players work in pairs.

BINGO

Activity Type: General play
Playing Standard: Intermediate advanced



ACTIVITY:

- Activator feeds out of the basket or players start their own rally.
- The aim is to play with consistency.
- Players start off by attempting to hit a rally of two. When this is done, they start a new rally aiming for a rally of 3, then 4, etc.
- Every time a pair reach the target number of rallies they shout “Bingo!” and everyone moves one place to the left.

EASIER:

- **Use balloons** - every time they keep it up for agreed number they all change partners and move up to next number.
- **Use bean bags** - flip to each other and catch for agreed number then call bingo.
- **Use bean bags** - 2 rackets and sandwich catch and throw with 2 rackets.

HARDER:

- Give a smaller space to aim into – marked with cones/lines.
- Must hit alternate shots.
- Players use non dominant hand.
- Players must touch a cone or line with their racket in between shots.



SEE IT IN ACTION