



## PE & School Sport in Scotland



### Active Schools Programme

The Active Schools Programme in Scotland provides pupils with opportunities to get active to the extent that it makes a positive contribution to their health. The fundamental aim of Active Schools is to give school-aged children the tools, motivation and opportunities to be more active throughout their school years and into adulthood. These opportunities are available before, during and after school, as well as in the wider community.

Instrumental to delivering Active Schools is the development of a staffing network of 630 Co-ordinators and 32 Managers. These staff are responsible for putting in place and driving forward a range of planned activities in both school and community settings. Sport Scotland plays a lead role in developing, supporting and monitoring this network, working in close partnership with Scotland's 32 local authorities.

The strategic objectives of Active Schools are to:

- Work closely with partners to put in place a national network that will enable all local authorities to effectively deliver Active Schools
- Provide guidance and assistance with the recruitment, training and induction of enthusiastic professionals and volunteers
- Invest in tools and resources such as TOP programmes and the Out of School Hours Learning Programme
- Develop and strengthen links with a wider partnership network at national and local level (e.g. health, education, transport, community and voluntary sector)

### School Year Groups

Primary	
Year Group:	Age:
Primary 1	5 & 6yrs
Primary 2	6 & 7yrs
Primary 3	7 & 8yrs
Primary 4	8 & 9yrs
Primary 5	9 & 10yrs
Primary 6	10 & 11yrs
Primary 7	11 & 12yrs

Secondary	
Year Group:	Age:
Secondary 1	12 & 13yrs
Secondary 2	13 & 14yrs
Secondary 3	14 & 15yrs
Secondary 4	15 & 16yrs
Secondary 5	16 & 17yrs
Secondary 6	17 & 18yrs

## Curriculum

A Curriculum for Excellence provides explicit statements of the aims of education in Scotland, concepts which have long been implicit. In summary, the purposes of education are to enable all young people to become:

- successful learners
- confident individuals
- responsible citizens
- effective contributors

The development of these capacities, attributes and capabilities lies at the heart of work on curriculum renewal.

A Curriculum for Excellence also established clear principles for curriculum design to provide a framework within which improvements can and should be made. The principles identified - challenges and enjoyment, breadth, progression, depth, personalisation and choice, coherence and relevance - will have different emphases at different stages and as each young person learns and develops.

The curriculum areas are the organisers for setting out the experiences and outcomes. In drawing up the experiences and outcomes, learning in each curriculum area has been reviewed and updated to emphasise the contributions it can make to developing the four capacities.

The curriculum areas are:

- Sciences
- Languages
- Mathematics
- Expressive arts
- Social studies
- Technologies
- Health and wellbeing
- Religious and moral education