

COVID-19 LOCAL RESTRICTIONS IN ENGLAND

TENNIS ACTIVITY BY TIER

UPDATE: NATIONAL LOCKDOWN RESTRICTIONS

Following the Prime Minister's announcement on 4 January 2021, unfortunately the Government requires all indoor and outdoor tennis courts to close.

There are two exemptions where courts are permitted to open:

- **Outdoor courts are permitted to open for organised disability tennis activity. The LTA will publish updated guidance for open court disability tennis venues on our COVID-19 page.**
- **Elite tennis players are permitted to continue training and competition in line with strict protocols and Government guidance.**

For more information and updates, visit the [LTA's COVID-19 page](#).

KEY POINTS

- This grid outlines a summary of the Government restrictions for each tier of restrictions across England and what that means for tennis activity – the grid now also includes details for Tier 4 areas
- Details of which tier each area of the country have been published by the Government and are available [here](#)
- Where activity is listed as permitted, this may still be subject to additional restrictions and protocols - venues, coaches, players and officials should therefore refer to the LTA's full COVID-19 secure detailed guidance
- The same Tier 2 and Tier 3 rules also apply to people from these areas even if they travel to an area in a lower tier
- The Government have confirmed that there is an exemption for indoor group tennis activity for disabled people and for under 18s (and also for organised activity for education) and it is safe and appropriate for activity for these groups to continue indoors in both Tier 2 and Tier 3 areas as long as it is done in line with the LTA's COVID-19 Secure guidelines for players, venues, coaches and officials. These exemptions also apply to travel guidelines for Tier 3, so these groups (plus parents/guardians and any necessary workforce) can travel into and out of Tier 3 areas for tennis activity where this is necessary to facilitate participation. See page five for definitions of the groups these exemptions apply to
- There is also an exemption for outdoor group tennis activity for disabled people and for under 18s in Tier 4 areas, and it is again safe and appropriate for activity for these groups to continue as long as it is done in line with the LTA's COVID-19 Secure guidelines. The limited travel exemptions the Government have so far announced do not cover this, and so players from these groups should not travel into or out of a Tier 4 area to take part in tennis activity

- This grid should be viewed in conjunction with the main LTA Coronavirus guidance documents for tennis players, venues, coaches and officials on the LTA website, which have been produced following the Government's publication of guidance for recreational sport and physical activity in relation to the tiered restrictions and Sport England's subsequent FAQs. Additional details for Tier 4 areas will be added to the documents once we have confirmation of full details from Government
- This guidance is for recreational tennis – elite tennis is subject to separate strict protocols and can continue in line with these indoors and outdoors across all tiers
- Please refer to the main LTA coronavirus information page for all the latest coronavirus updates at www.lta.org.uk/coronavirus

SUMMARY GRIDS

Please see the following pages for our summary grid covering tennis activity by tier for:

- Outdoor tennis
- Indoor tennis
- Facilities
- Travel
- Coach Education

COVID-19 LOCAL RESTRICTIONS IN ENGLAND TENNIS ACTIVITY BY TIER

OUTDOOR TENNIS				
TYPE OF ACTIVITY	TIER 1 (MEDIUM)	TIER 2 (HIGH)	TIER 3 (VERY HIGH)	TIER 4 (STAY AT HOME]
SOCIAL PLAY	<ul style="list-style-type: none"> ■ Permitted ■ Singles & Doubles ■ Rule of 6 	<ul style="list-style-type: none"> ■ Permitted ■ Singles & Doubles ■ Rule of 6 	<ul style="list-style-type: none"> ■ Permitted ■ Singles & Doubles ■ Rule of 6 ■ Travel restrictions into / out of area 	<ul style="list-style-type: none"> ■ Permitted ■ Singles only (other than from same household/bubble) ■ Travel restrictions into / out of area
1:1 COACHING	<ul style="list-style-type: none"> ■ Permitted 	<ul style="list-style-type: none"> ■ Permitted 	<ul style="list-style-type: none"> ■ Permitted ■ Travel restrictions into / out of area 	<ul style="list-style-type: none"> ■ Permitted ■ Number of clients in a day not limited ■ Travel restrictions into / out of area
GROUP COACHING / ORGANISED GROUP ACTIVITY	<ul style="list-style-type: none"> ■ Permitted (adults & children) ■ Recommended max 12 adults per court ■ Max group size for children of 15 ■ No socialising before / after activity 	<ul style="list-style-type: none"> ■ Permitted (adults & children) ■ Recommended max 12 adults per court ■ Max group size for children of 15 ■ No socialising before / after activity 	<ul style="list-style-type: none"> ■ Permitted (adults & children) ■ Recommended max 12 adults per court ■ Max group size for children of 15 ■ No socialising before / after activity ■ Travel restrictions into / out of area 	<ul style="list-style-type: none"> ■ Not permitted for adults ■ Permitted for U18s & disabled people ■ Max group size for children of 15 ■ No socialising before / after activity ■ Travel restrictions into / out of area
COMPETITIONS	<ul style="list-style-type: none"> ■ Permitted ■ Singles & doubles for both juniors and adults ■ No socialising before or after matches 	<ul style="list-style-type: none"> ■ Permitted ■ Singles & doubles for both juniors and adults ■ No socialising before or after matches 	<ul style="list-style-type: none"> ■ Permitted ■ Singles & doubles for both juniors and adults ■ No socialising before or after matches ■ Travel restrictions into / out of area 	<ul style="list-style-type: none"> ■ Not permitted for adults ■ Local singles & doubles competitions permitted for U18s & disabled people from that area only ■ Travel restrictions into / out of area
SPECTATING & SUPERVISION	<ul style="list-style-type: none"> ■ Spectating to be minimised (Rule of 6 applies) ■ Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> ■ Spectating to be minimised (Rule of 6 applies) ■ Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> ■ Spectating not allowed ■ Parent/guardian supervision permitted (one per player) 	<ul style="list-style-type: none"> ■ Spectating not allowed ■ Parent/guardian supervision permitted (one per player)
SOCIAL DISTANCING	<ul style="list-style-type: none"> ■ Social distancing to be maintained before, during and after play for all activity across all levels 			

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INDOOR TENNIS

NO INDOOR TENNIS ACTIVITY TO TAKE PLACE IN TIER 4 AREAS

SUMMARY	TYPE OF ACTIVITY	TIER 1 (MEDIUM)	TIER 2 (HIGH)	TIER 3 (VERY HIGH)	TIER 4 (STAY AT HOME)	
	SOCIAL PLAY	<ul style="list-style-type: none"> Permitted Singles & Doubles Rule of 6 	<ul style="list-style-type: none"> Singles permitted for all adults Doubles permitted for two households playing against each other (no mixing between households) Singles & doubles for disabled people and supervised activity for U18s 	<ul style="list-style-type: none"> Not permitted, other than for <ul style="list-style-type: none"> adults from same household / bubble disabled people & supervised activity for U18s Travel restrictions into or out of area apply 	<ul style="list-style-type: none"> Not permitted 	
	1:1 COACHING	<ul style="list-style-type: none"> Permitted 	<ul style="list-style-type: none"> Permitted (coach with 1 household /bubble or overseeing singles players from different households) A coach can oversee multiple sets of two adult players playing singles across several courts, as long as the players do not interact 	<ul style="list-style-type: none"> Permitted (coach with one household/bubble only) Travel restrictions into or out of area apply 	<ul style="list-style-type: none"> Not permitted 	
	GROUP COACHING / ORGANISED GROUP ACTIVITY	<ul style="list-style-type: none"> Permitted Sub-groups of no more than 6 (max 6 per court) Coach can work across sub-groups Exemption for group activity for U18s (max group size 15), disability tennis and education No socialising before or after activity 	<ul style="list-style-type: none"> Not permitted for adults <ul style="list-style-type: none"> Limited exceptions for tennis exercise classes for adults (refer to full guidance for details) Group activity for U18s (max group size 15), disability tennis and education permitted No socialising before or after activity 	<ul style="list-style-type: none"> Not permitted for adults Exemption for group activity for U18s (max group size 15), disability tennis and education No socialising before or after activity Travel restrictions into or out of area apply 	<ul style="list-style-type: none"> Not permitted 	
	COMPETITIONS	<ul style="list-style-type: none"> Permitted Singles & doubles for adults and juniors No socialising before or after matches 	<ul style="list-style-type: none"> Singles competitions permitted for adults Singles & doubles competitions permitted for U18s, disability tennis and education 	<ul style="list-style-type: none"> Not permitted for adults Singles & doubles competitions permitted for U18s, disability tennis and education Travel restrictions into or out of area apply 	<ul style="list-style-type: none"> Not permitted 	
	SPECTATING & SUPERVISION	<ul style="list-style-type: none"> Spectating minimised and avoided where possible Parent/guardian supervision permitted (one per player) Only those watching a player on court should be in viewing area 	<ul style="list-style-type: none"> Spectating minimised and avoided where possible Parent/guardian supervision permitted (one per player) Only those watching a player on court should be in viewing area 	<ul style="list-style-type: none"> Spectating not allowed Parent/guardian supervision permitted (one per player) Only those watching a player on court should be in viewing area 	<ul style="list-style-type: none"> N/A 	
	SOCIAL DISTANCING	<ul style="list-style-type: none"> Social distancing to be maintained before, during and after play for all activity across all levels 				

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TENNIS ACTIVITY BY TIER

SUMMARY	FACILITIES				
	TYPE OF ACTIVITY	TIER 1 (MEDIUM)	TIER 2 (HIGH)	TIER 3 (VERY HIGH)	TIER 4 (STAY AT HOME)
	OUTDOOR COURTS	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> Open (for limited activity)
	INDOOR COURTS	<ul style="list-style-type: none"> Open 	<ul style="list-style-type: none"> Open (for limited activity) 	<ul style="list-style-type: none"> Open (for limited activity) 	<ul style="list-style-type: none"> Closed
	GENERAL INDOOR ACCESS	<ul style="list-style-type: none"> Permitted Social distancing to be maintained at all time Face coverings encouraged in enclosed public areas when not playing (compulsory in hospitality areas) 	<ul style="list-style-type: none"> Permitted Social distancing to be maintained at all time Face coverings encouraged in enclosed public areas when not playing (compulsory in hospitality areas) 	<ul style="list-style-type: none"> Permitted Social distancing to be maintained at all time Face coverings encouraged in enclosed public areas when not playing (compulsory in hospitality areas) 	<ul style="list-style-type: none"> Not permitted Floodlight access permitted
	TOILETS	<ul style="list-style-type: none"> Open Care to be taken when using and cleaning 	<ul style="list-style-type: none"> Open Care to be taken when using and cleaning 	<ul style="list-style-type: none"> Open Care to be taken when using and cleaning 	<ul style="list-style-type: none"> Open Care to be taken when using and cleaning
	CHANGING FACILITIES & SHOWERS	<ul style="list-style-type: none"> Open Use to be minimised – players should arrive changed & shower at home where possible Facilities must be made available for participants with disabilities or special needs 	<ul style="list-style-type: none"> Open Use to be minimised – players should arrive changed & shower at home where possible Facilities must be made available for participants with disabilities or special needs 	<ul style="list-style-type: none"> Open Use to be minimised – players should arrive changed & shower at home where possible Facilities must be made available for participants with disabilities or special needs 	<ul style="list-style-type: none"> Closed
BAR/CAFE/RESTAURANT	<ul style="list-style-type: none"> Open Restricted hours Face coverings required except when seated at table to eat or drink 	<ul style="list-style-type: none"> Bars and pubs can remain open only if they operate as a restaurant serving substantial meals, such as a main lunchtime or evening meal. Can only serve alcohol with food Takeaway service permitted Restricted hours Face coverings required except when seated at table to eat or drink 	<ul style="list-style-type: none"> Bar/Café/Restaurant closed Takeaway service permitted 	<ul style="list-style-type: none"> Bar/Café/Restaurant closed Takeaway service permitted 	

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SUMMARY	TRAVEL				
	TYPE OF ACTIVITY	TIER 1 (MEDIUM)	TIER 2 (HIGH)	TIER 3 (VERY HIGH)	TIER 4 (STAY AT HOME)
	TRAVEL WITHIN AREA TO TENNIS ACTIVITY	<ul style="list-style-type: none"> ■ Permitted 	<ul style="list-style-type: none"> ■ Permitted ■ You should aim to reduce number of journeys you make where possible 	<ul style="list-style-type: none"> ■ Permitted ■ You should aim to reduce number of journeys you make where possible 	<ul style="list-style-type: none"> ■ Permitted ■ You should aim to reduce number of journeys you make where possible
TRAVEL INTO/OUT OF AREA FOR TENNIS ACTIVITY	<ul style="list-style-type: none"> ■ Permitted to Tier 2 and other Tier 1 areas ■ If travelling to a Tier 2 area then follow Tier 2 rules 	<ul style="list-style-type: none"> ■ Permitted to Tier 1 and other Tier 2 areas ■ If travelling to a Tier 1 area then still need to follow Tier 2 rules ■ You should aim to reduce the number of journeys you make where possible 	<ul style="list-style-type: none"> ■ Avoid travel in or out of affected area to participate other than: <ul style="list-style-type: none"> - for work or education purposes (e.g. coaches, elite athletes, officials) - where it is necessary to enable organised/supervised tennis activity for U18s, disability tennis activity, organised education activity or same household/bubble play ■ Can travel through as part of a longer journey 	<ul style="list-style-type: none"> ■ No travel into or out of affected area other than for legally permitted purposes. These include for work or education purposes (e.g. coaches, elite athletes, officials) 	

EXEMPTION DEFINITIONS

- Exemptions are in place for some groups to permit additional indoor tennis activity in Tier 2 and Tier 3 as well as travel to facilitate this, and additional outdoor tennis activity in Tier 4 areas, with these groups defined as follows:
 - **Disabled people:** Sport for people with disabilities is exempt from legal gathering limits. This means that people with disabilities can take part in sport in any number (indoor and outdoor)
 - **Under 18's:** All supervised activity for children (including outside school) is exempt from legal gathering limits, and can happen in any number (but is subject to DfE guidance limiting group sizes to 15). This includes organised team sports and all supervised sport and physical activity for under-18s. In a change from the pre-lockdown guidance, **this now includes young people who were 17 at the start of the academic year, even if they turn 18 during the remainder of that year**
 - **Education:** Sport for the purpose of education is also exempt. This means that school sport such as PE, and curriculum-related sport for students in further and higher education (e.g. a student studying a sport course being able to practice), are exempt from legal gathering limits. However, for those who do not fall under the exemption below, this does not cover extra-curricular sport (such as playing for a college team) so these activities can only take place within the guidance set out above

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COACH EDUCATION & TRAINING					
SUMMARY	TYPE OF ACTIVITY	TIER 1 (MEDIUM)	TIER 2 (HIGH)	TIER 3 (VERY HIGH)	TIER 4 (STAY AT HOME)
	COACH EDUCATION (QUALIFICATIONS & CPDS)	<ul style="list-style-type: none"> ■ Permitted (covered under Government exemption permitting education and training to continue) 	<ul style="list-style-type: none"> ■ Permitted (covered under Government exemption permitting education and training to continue) 	<ul style="list-style-type: none"> ■ Permitted (covered under Government exemption permitting education and training to continue) 	<ul style="list-style-type: none"> ■ Permitted (covered under Government exemption permitting education and training to continue) ■ Tennis facilities are permitted at their discretion to open to allow the delivery of education and training
	LEARNER TO COURT RATIOS	<ul style="list-style-type: none"> ■ Maximum of 12 learners per court (excl. Tutor) 	<ul style="list-style-type: none"> ■ Maximum of 12 learners per court (excl. Tutor) 	<ul style="list-style-type: none"> ■ Maximum of 12 learners per court (excl. Tutor) 	<ul style="list-style-type: none"> ■ Maximum of 8 learners per court (excl. Tutor)
	ADDITIONAL CONSIDERATIONS	<ul style="list-style-type: none"> ■ Maintain social distancing ■ No socialising during breaks, before or after activity ■ Repeat hygiene protocols at beginning and end of every unit of learning ■ Face coverings to be worn in line with venue guidelines 	<ul style="list-style-type: none"> ■ Maintain social distancing ■ No socialising during breaks, before or after activity ■ Repeat hygiene protocols at beginning and end of every unit of learning ■ Face coverings to be worn in line with venue guidelines 	<ul style="list-style-type: none"> ■ Maintain social distancing ■ No socialising during breaks, before or after activity ■ Repeat hygiene protocols at beginning and end of every unit of learning ■ Face coverings to be worn in line with venue guidelines 	<ul style="list-style-type: none"> ■ Maintain social distancing ■ No socialising during breaks, before or after activity ■ Repeat hygiene protocols at beginning and end of every unit of learning ■ Face coverings to be worn in line with venue guidelines