

TENNIS TENNIS  
WALES CYMRU

COACHING CONFERENCE



**REFLECT. REFRESH. RESET.**

# DAY 1

10.00am	Simon Johnson Tennis Wales CEO - Welcome and Introductions
10.30am	Dan Kiernan - Soto Academy 'Control the Controllable's- The Power of Responsibility'
11.30am	<b>BREAK</b>
12noon	Jo Ward & Suzanne Williams - LTA & Fit4Coaching 'From Physical Differences to Technical Norms: Coaching Female Players'
1.00pm	<b>LUNCH</b>
2.00pm	Dan Kiernan - Soto Academy 'How to Train the Mind-set'
3.30pm	<b>BREAK</b>
4.00pm	Jon Bockelmen-Evans - JBE Health 'Your Future Begins With the Next Thought You Have'
5.00pm	Dan Kiernan - Soto Academy 'Creating a Mind-set for Competition'
6.00pm	<b>End of Day 1 &amp; Use of David Lloyd Facilities, BLAZE Session 6.15-7.00pm</b>
7.15pm	<b>INDIAN BUFFET</b>

## DAY 2

9.30am	Sam Richardson/Merlin Van De Braam/Matt Smith LTA Junior Programme Introduction
10.15am	Junior Programme – ATTRACT/RETAIN
11.30pm	Junior Programme – ATTRACT/RETAIN
12.45pm	<b>LUNCH</b>
1.30pm	Junior Programme - MANAGE
2.45pm	Junior Programme Wrap Up
3.15pm	Conference Close
3.30pm	<b>END OF DAY 2</b>