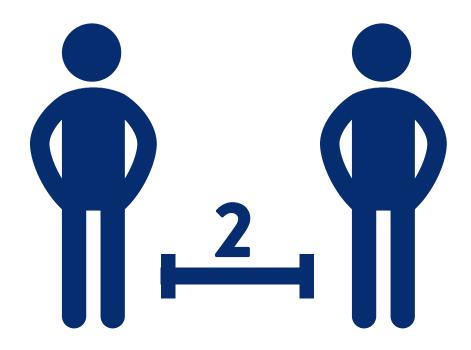


HELP PREVENT THE SPREAD OF COVID-19



Maintain social distancing (2m rule) at all times

Full guidelines for players, coaches and venues at Ita.org.uk/coronavirus