

## Regulated Activity for work with Adults

An individual is deemed to be in Regulated Activity with adults if they undertake any of the below activities, even if it only happens once.

1. Training, instruction, advice or guidance in relation to an adult's personal care
2. Providing healthcare (e.g. as a doctor, physiotherapist) to an adult
3. Assist with personal matters or finances such as paying bills, due to an adult's age, illness or disability
4. Transporting an adult due to their age, illness or disability between their place of residence and a place where they have or will receive health care, personal care or social care

The vast majority of people involved in tennis will not be working in regulated activity when working with adults. The types of tennis specific roles that will involve regulated activity with adults include sport's doctors, physiotherapists and sport psychologists.

### **Non-regulated activity work with adults**

Individuals who provide any form of training, teaching, instruction, assistance, advice or guidance provided wholly or mainly for adults who receive a health or social care service are not in Regulated Activity. However, they may be eligible for an Enhanced DBS check (without the adults barred list) provided it occurs:

- more than three days in any period of 30 days; or
- overnight; or
- at least once a week on an on-going basis.

Individuals who fall into this bracket should contact the LTA for advice.