



PARENTS IN TENNIS

OCTOBER 2022



PARENTS IN TENNIS 2022

Welcome to our inaugural 'Parents in Tennis' month.

Running alongside the NSPCC Child Protection in Sport Unit's 'Keeping Your Child Safe in Sport' week, our 'Parents in Tennis' month aims to provide tennis parents with a series of engaging and informative online sessions, helping you to be better equipped to support your child through their tennis journey.

Sessions will be delivered by experts and will be interactive, giving you the opportunity to ask questions and make suggestions.

Read on for the full timetable and details on how to book.

All sessions must be booked in advance and each session has a maximum capacity so book early to secure your space.

We look forward to you joining us!

LTA Competitions Team



TIMETABLE

Date	Time	Session	Location	Booking Link
3 – 9 October	N/A	CPSU 'Keeping Your Child Safe in Sport week'	Online	Keeping Your Child Safe in Sport
Tuesday 11 October	7-9pm	Competition Parenting Workshop	Online In person at NTC	Online Webinar - Book here National Tennis Centre - Book here
Monday 17 October	7-8pm	'Competition Opened Up'	Online	Book here
Thursday 20 October	7-8pm	'British Universities Opened Up'	Online	Book here
Tuesday 25 October	7-8:30pm	Developing and sustaining parenting expertise in Youth Tennis: Where next for support and research?	Online	Book here
Sunday 30 October	7-9pm	Nurturing your child's psychosocial skills through Tennis: Applying the 5Cs approach	Online	Book here

KEEPING YOUR CHILD SAFE IN SPORT

3 – 9 OCTOBER 2022

This new campaign for parents replaces the previous Parents in Sport week campaign.

The campaign is run by the Child Protection in Sport unit, in conjunction with the NSPCC, and aims to help parents understand their crucial safeguarding role in their child's sport.

Here's how parents can help support this year's campaign:

1. **Be a great sports parent or carer** by taking a look at the resources in the [parents' hub](#).
2. **Learn how to spot the signs of harm and abuse** by completing the updated [e-learning course](#).
3. **Let other parents and carers know about the campaign** and share [the animation](#) on social media to let other parents know why their involvement is so important.
4. **Spread the word** by talking about Keeping Your Child Safe in Sport on social media. Use [#SafeinSport](#) and tag [@NSPCC](#) and [@TheCPSU](#).



COMPETITION PARENTING WORKSHOP

TUESDAY 11 OCTOBER 7-9PM

Our Competition Parenting Workshop is aimed at parents with kids aged 9-14 years who have just started competing or compete regularly.

This interactive two-hour session will provide parents with the knowledge and skills they need to support their child at tennis competitions.

Topics covered include:

- Parents' roles during tennis competitions
- Communicating effectively with children before, during and after a match
- Managing the emotional demands of competition

There will be two sessions taking place – one online with Professor Chris Harwood, and one in-person at the National Tennis Centre, Roehampton with Dr Sam Thrower.

[Book a space on the online webinar](#)

[Book to attend the in-person session](#)

“This was an excellent session. I totally loved all of it. What an amazing course which I recommend to all tennis parents.”



'COMPETITION OPENED UP'

MONDAY 17 OCTOBER 7-8PM

An interactive session for parents of junior players who are keen to understand more about competition and have the opportunity to give their feedback.

The session will be led by Kay Gilbert from the [Tennis Parents Community Facebook group](#), with Keith Carder (LTA Head of Competition) and Amanda Morrissey (LTA Competition Manager).

We'll cover the purpose of competition and help parents to understand where competition fits for their players.

There will be the opportunity for attendees to submit questions in advance and to give their feedback during the session on how we could improve the competition structure for players in GB.

[Book a space on the 'Competition Opened Up' session](#)



'BRITISH UNIVERSITIES OPENED UP'

THURSDAY 20 OCTOBER 7-8PM

This online session is for parents and players aged 14+ who are keen on tennis and thinking about attending university in the future.

Choosing a university is a big decision, and it can be hard to know the differences between universities from a tennis perspective. We'll discuss key considerations tennis players may wish to make when choosing their university, whether in Great Britain or abroad, including US college tennis. The aim of the talk is to help future students and their parents/coaches understand the extent of the opportunities on offer across our network of partnership universities, and provide you with the information you need to help you make the right decision for you from a tennis perspective.

Tennis really opens up for people at university to play and compete at all levels, from beginners to world-ranked players. The transformation of tennis in British Universities in recent years has been phenomenal, with club membership booming and elite success being achieved on the international stage, making it an exciting place to develop your tennis. There are also fantastic opportunities to develop transferable skills through workforce development programmes.

[Book online here](#)



DEVELOPING AND SUSTAINING PARENTING EXPERTISE IN YOUTH TENNIS: WHERE NEXT FOR SUPPORT AND RESEARCH? TUESDAY 25 OCTOBER 7-8:30PM



Professor Chris Harwood,
Loughborough University



Professor Camilla Knight,
Swansea University



Dr. San Thrower,
University of Roehampton

This collaborative and educational evening session brings together three of the world leaders in tennis parenting research upon whose work the LTA program is based. Parents will be provided with a pre-session selection of articles (akin to a book club!) that introduce parents to the concept of parenting expertise in sport. On the night Professor Harwood will be 'In Conversation' with Professor Knight and Dr. Thrower and invite collaborative inputs from parents (via chat function) on how they see expertise as a tennis parent. What are the features, behaviours and characteristics of parents who display such expertise? The session will transition to parents collaborating on what ways and topics they would like to receive more education, and what research they feel is important to grow the support programme.

[Book a space here](#)



‘NURTURING YOUR CHILD’S PSYCHOSOCIAL SKILLS THROUGH TENNIS: APPLYING THE 5CS APPROACH’

SUNDAY 30 OCTOBER 7-9PM

A follow-on to the LTA Competition Parenting Workshop. This two hour webinar provides further guidance to parents to support their experiences in tennis and explain how they can support their child using the 5Cs model (Commitment, Communication, Concentration, Control and Confidence).

Parents should ensure they have attended the Competition Parenting workshop before joining this session.

[Book a space on the 5Cs workshop](#)

“Lots of things to reflect on and implement. Really useful to refocus the tennis process as one of whole-person development.”

PARENTS IN SPORT WEEK 2021

While you are waiting for this year's fantastic sessions why not watch the videos from the sessions that were delivered during Parents in Sport Week 2021:

[Panel with Judy Murray, OBE \(John Dolan host\)](#)

[Panel with Carolyn Salisbury \(mother of Joe Salisbury\) and Yvonne Burrage \(mother of Jodie Burrage\)](#)

[The Science behind the strategy: what was learnt from recording and analysing parent-child interactions during car journeys \(Dr Sam Thrower and Prof. Chris Harwood\)](#)

