



NATIONAL *Academies*



Loughborough
University

LOUGHBOROUGH UNIVERSITY NATIONAL TENNIS ACADEMY



**GB NATIONAL
TENNIS ACADEMY**
at the University of Stirling



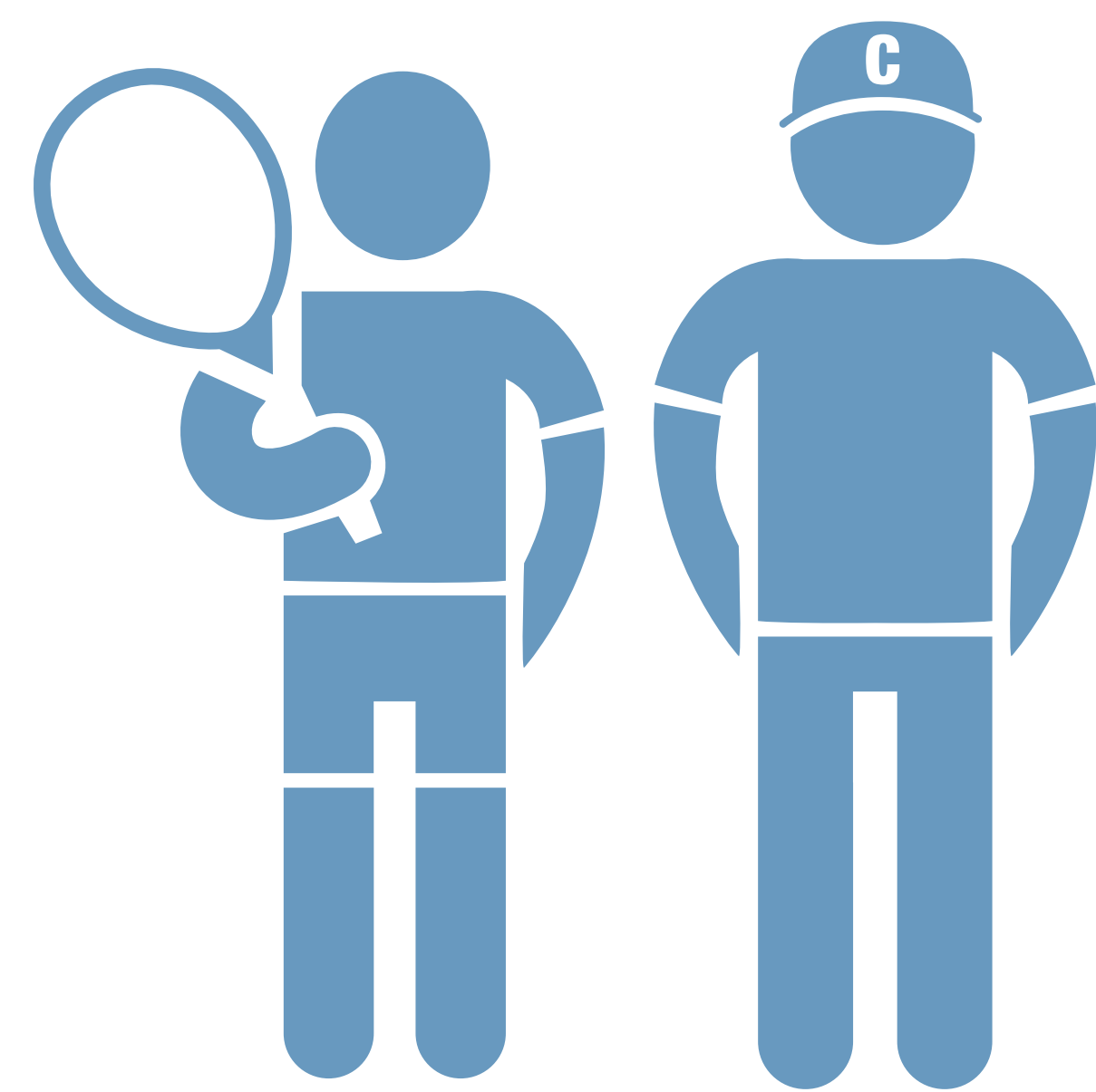


Why Choose
A NATIONAL ACADEMY?

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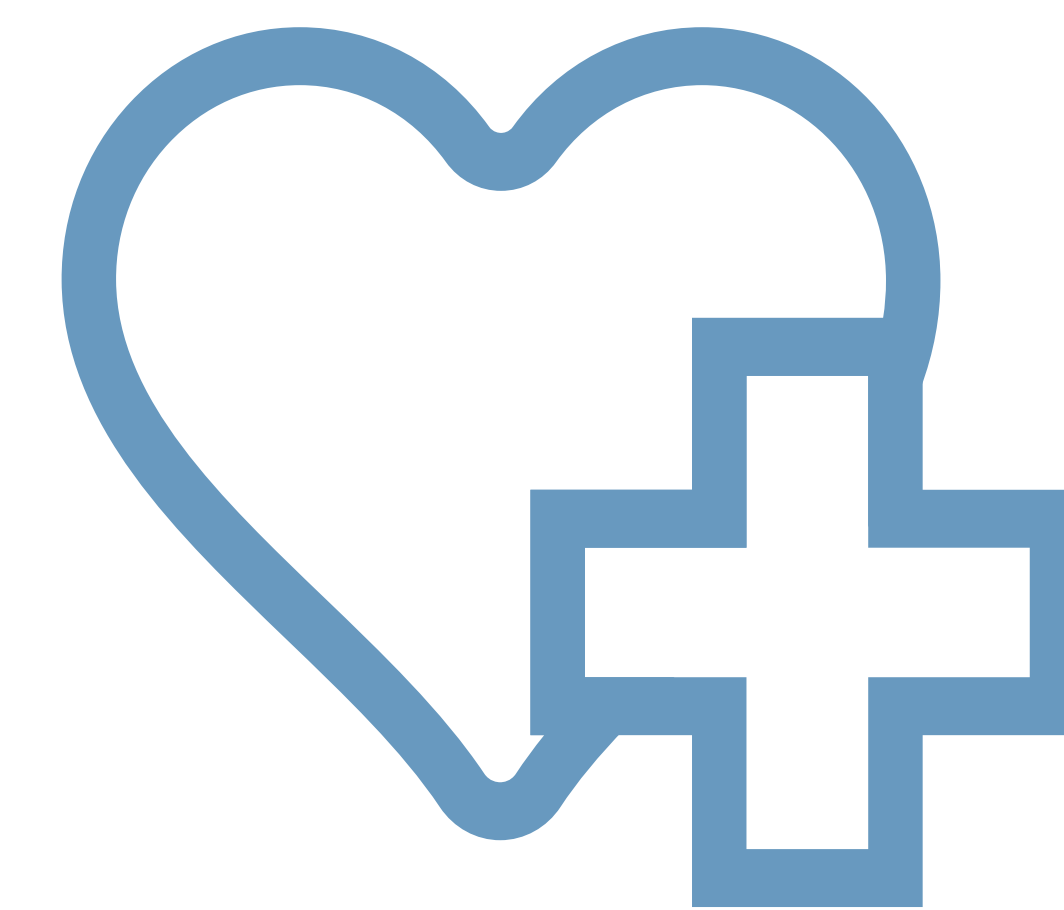
**HOLISTIC APPROACH
TO PLAYER AND
PERFORMER
DEVELOPMENT**



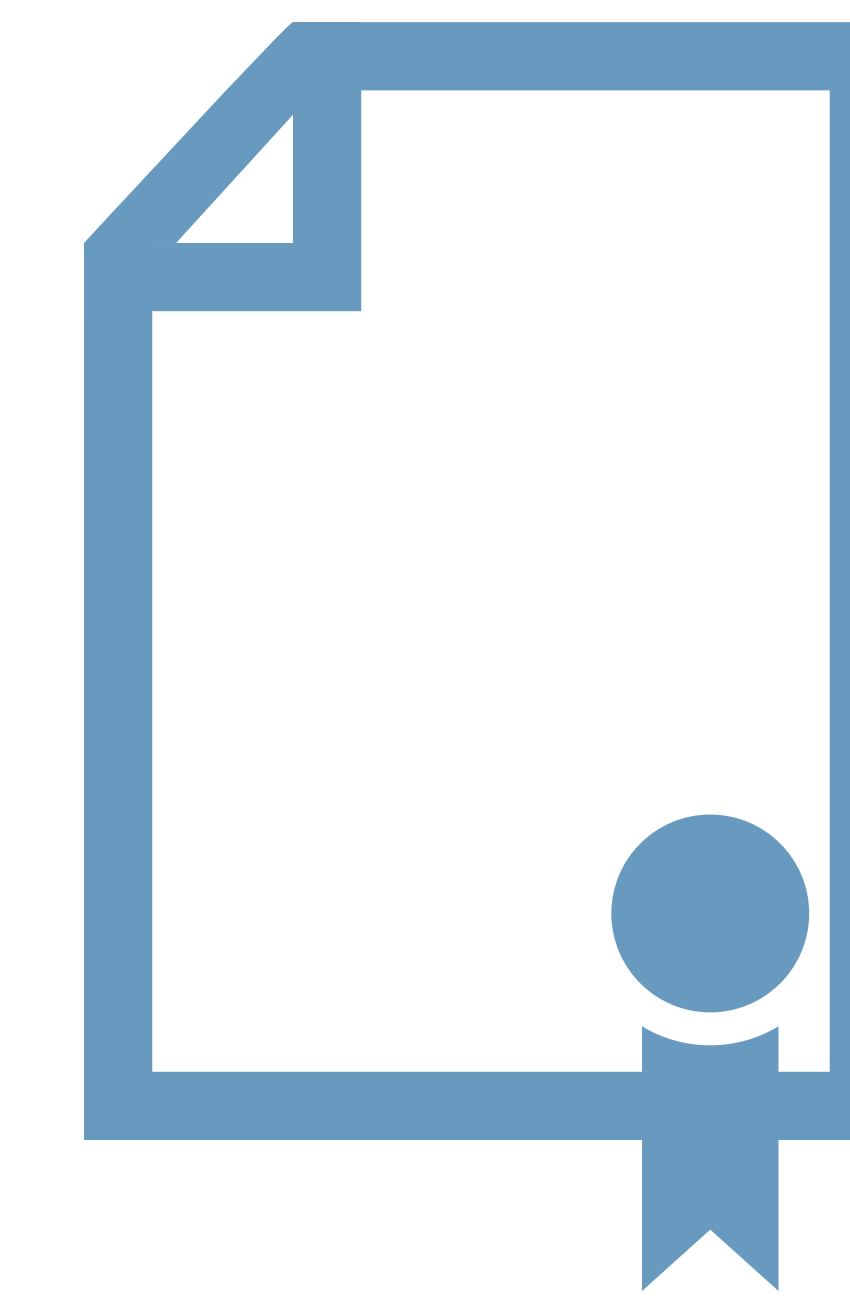
**WORLD CLASS
COACHING TEAM ON A
FULL TIME BASIS**



**TRULY INDIVIDUALISED
TENNIS PROGRAMME**



**FULLY INTEGRATED
SCIENCE, MEDICINE
AND LIFESTYLE
SUPPORT**



**FIRST CLASS
EDUCATION AND
BOARDING THAT
FITS THE TENNIS
PROGRAMME**



**AFFORDABILITY –
TOTAL COST IS £5,000
PER YEAR**

HOLISTIC

- Personal development, welfare and wellbeing is first priority
- High levels of individual support
- Value individual differences
- More complete person is a more complete player
- Build psychological and physical coping resources to help players thrive
- Happy person is a confident player



“ Having grown up at Loughborough, I know first-hand that it is one of the best places to train with outstanding facilities. It started me on my career and is one of the biggest reasons I am where I am today, so the chance for anyone to be part of a National Academy there will be a brilliant opportunity. ”

Katie Boulter



“ The National Academies programme was designed following lengthy consultation with a range of people across the sport and is designed to create a focal point for player development. We felt we needed a central place to bring the best players together with all the quality coaches we have across the country, helping to grow players at this important stage of their development. The National Academies will give both players and coaches the opportunity to maximise their potential within a hugely motivational environment. ”

Leon Smith

COACHING

- World-class Head Coach
- Deliver an integrated approach
- Blends individual and group training to meet individual development needs

INDIVIDUALISED

- Individual long-term development
- Build upon strengths and weapons
- Develop game-styles required for future success
- Interdisciplinary approach
- Evidence based approach

“ The full-time programme at the National Tennis Centre made a big difference to my development, and I’m certain the new National Academies at Loughborough and Stirling will do the same for future generations of British pros. ”

Kyle Edmund





“

It's a great opportunity for any young player who has aspirations of becoming a professional tennis player. You'll have access to world class coaching, cutting edge sports science and medicine support and a first class education.

”

Anne Keothavong

SUPPORT

- Strength & Conditioning Coach
- Physiotherapist
- Psychologist
- Performance Lifestyle & Welfare Advisor
- Nutrition support
- Sports Doctor
- Performance Analysis

“

I have no doubt that the University of Stirling is going to provide a great environment for National Academy players to thrive. Having trained there over the years it has world class facilities and support on offer and is a really inspiring place to train.

”

Aidan McHugh



EDUCATION

- Mainstream education
- At least 6 GCSEs or 5 National 5s
- Post 16 study options
- Exceptional local boarding
- Transportation between venues
- All meals provided

COST

- £5,000 per year fees
- All coaching and training
- Integrated science and medicine support
- Full boarding including meals
- Tournament travel with coaches around a bespoke schedule for the player
- School fees included
(Does not include travel to and from home)

