

Tennis Wales 14+ years National Training Selection Policy 2026

1. Introduction

The 14+ National Training programme delivered in partnership with Cardiff Metropolitan University provides performance training in Wales to motivate and develop players towards becoming internationally relevant. This document outlines the criteria and process for players to achieve selection for this training programme. Should you have a query regarding the selection policy, please email callum.findlay@tenniswales.org.uk

Note: Tennis Wales may amend this policy periodically. Any amended policy shall be published on the Tennis Wales website.

2. Welsh Eligibility

Players must be eligible to represent Wales or be on track to be eligible to do so within two years. A copy of the eligibility criteria to represent Wales can be found on the Tennis Wales website [here](#).

Note: Access consideration may be given to players who aren't Welsh-eligible if they can bring a high training level to the environment and it is not at the expense or detriment of the provision to Welsh players.

3. Age Eligibility

Players must be of an eligible age as follows:

January 2026 = Outstanding players born 2012 or earlier*

September 2026 = All players born 2012 or earlier

* From January to August players with a very high playing level may start to access the programme in their first year. Any such players would need to have an adequate training level and readiness for the programme and have their training programme agreed by the National Performance and University Head Coach, and the player's existing lead coach. Additionally, places would only be offered if space allows and would not be at the expense of eligible older players.

4. Selection Criteria

The following metrics (4.1 to 4.5) will be used to determine player selections for the programme.

- Players who meet **three or more of these metrics** will be selected.
- Players who meet **two of these metrics** will be considered for access to squad training to try to include those players who were close to achieving selection. The extent of this access will be dependent on several factors including available court space within sessions and the suitability of the training level of the player. Individual conversations will be required in each case.
- Players who do not meet at least two of these metrics will not be considered for access to the programme.

4.1 Winning at national/international level events

- QF or better singles at national and/or international circuit events within previous 12 months (includes LTA Grade 1, LTA Grade 2, Tennis Europe, ITF competitions)

4.2 Competing in national/international level events

- Playing in a minimum of 8 events on national and/or international circuits within previous 12 months (includes LTA Grade 1, LTA Grade 2, Tennis Europe, ITF competitions, Junior Four Nations)

Note: Playing in singles, doubles, or both will all be considered as one countable event

4.3 LTA Combined Ranking

- Top 75 within players of own birth year and younger within previous 12 months

4.4 Future Potential

- A player who is believed to have the potential to become internationally relevant in the future. The Tennis Wales Performance Team will consider the following areas:
 - Attacking Skills
 - Rallying Qualities
 - Defensive Qualities
 - All Court Skills
 - Athletic Skills
 - Great Mover
 - Inner Drive
 - Competitiveness

The following standards are a guide as to what the Tennis Wales Performance Team consider to be internationally relevant in this context:

U16 = GB representation, GB National Camps, SF U18 ITF singles, Final U18 ITF Doubles, LTA Combined ranking top 10, U18 ITF Ranking top 750

U18 = GB representation, GB National Camps, SF U18 ITF singles J100+, Final U18 ITF Doubles J100+, LTA Combined ranking top 10, U18 ITF Ranking top 200, ATP/WTA ranking points

Open = SF professional singles comps, Final professional doubles comps, ATP/WTA ranking top 1000

4.5 Performer Qualities

- Performance, attitude, readiness demonstrated at previous national training opportunities as determined by the Tennis Wales Performance Team

Note: The Tennis Wales Performance Team can consider exceptional circumstances which have significantly impacted a player's opportunity to achieve the metrics listed above. For example, a sustained period of illness or injury.

5. Communication and timeline of selections

5.1 Only those players who achieve selection, or who achieve consideration for access, or who attended the previous term of sessions but are not being selected will be notified pro-actively regarding selections.

5.2 The first selection opportunity for the 2026-27 programme will w/c July 6th, 2026.

5.3 Whilst there is a first selection opportunity specified, players can be re-considered at any time during the year if they make progress against the specified metrics.

Note: Players who are no longer eligible for junior age-groups can be invited to the 14+ years sessions by the Tennis Wales Head of Performance or National Performance and University Head Coach

6 Appeal Process

Players who have not achieved selection, or access to the programme, are entitled to appeal against the decision. Such an appeal is to be made in writing (with full reasons and supporting evidence) to tenniswales@tenniswales.org.uk

The Appeal will be determined by the Chief Executive of Tennis Wales Ltd or a member of the Board nominated by the Chief Executive. The Appeal will be determined on the written reasons and supporting evidence submitted on behalf of the player. The player shall be notified as soon as practically possible of the outcome of the Appeal. The Appeal decision shall be final and there is no further right of Appeal.