



 **GB NATIONAL  
TENNIS  
ACADEMY**  
AT THE UNIVERSITY OF STIRLING



A world-class environment,  
setting new standards  
and transforming  
player development



University of Stirling,  
Scotland's University for Sporting Excellence

# Welcome

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Hello and welcome – I am Noëlle Van Lottum, the Head Coach for the GB National Tennis Academy at the University of Stirling. You can find out more about me and my world-class coaching team within these pages.

Scotland has established an enviable track record of delivering success on the world stage in tennis and the pinnacle of British tennis success has been achieved by the Murray family over the past decade and more.

Andy has won three Grand Slams, two Olympic Gold Medals and 49 ATP Tour Titles; Jamie has won 26 ATP Tour Titles and is seven-time Grand Slam champion; Judy Murray OBE, is a former Tennis Scotland National Coach, Fed Cup Captain and University of Stirling honorary doctorate in recognition of her contribution to sport. For more information click [HERE](#) and [HERE](#)

Only recently, Scotland was rightly proud to possess three world number 1s at the same time: Sir Andy Murray OBE, Jamie Murray OBE and the Paralympic gold medallist and winner of multiple Grand Slams, Gordon Reid MBE.

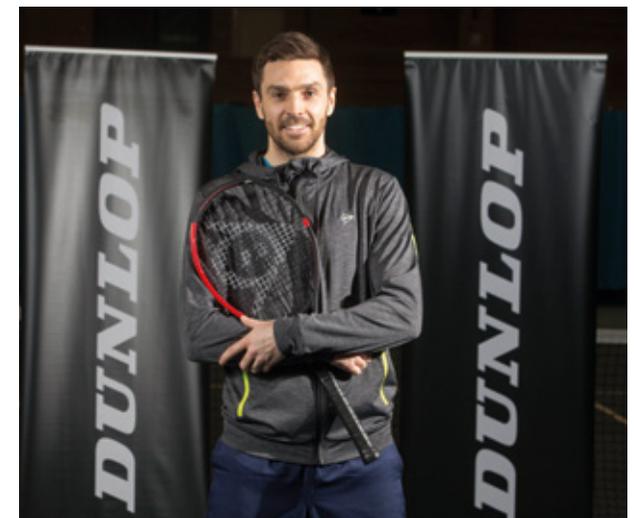
Leon Smith OBE, Britain's successful Davis Cup captain and current Head of Men's Tennis at the LTA, and Colin Fleming, the National Academy Lead Performance Coach, GB Billie Jean King Cup Team Coach, former Davis Cup player, ATP Tour title winner, and Commonwealth Games Gold Medallist, have also been at the vanguard of this tennis rejuvenation. I am delighted that Colin, Adam Lownsbrough, Evie Williams, Millie Stretton, Scott Duncan and Yuri Syromolotov complete the coaching team.

Scottish players continue to do well on the world stage with Cameron Norrie reaching a career high ranking of 12. Tennis Scotland Ambassador, Jonny O'Mara, has won 3 ATP tour titles and reached the 2020 Australian Open quarter-finals under the tutelage of Scottish Coach Toby Smith. Aidan McHugh has been supported by the LTA Pro Scholarship Programme and University of Stirling student Maia Lumsden breaking into the WTA top 250.

The GB National Tennis Academy, funded by the LTA, will be boosted by significant contributions from partners, noticeably the University of Stirling, primarily through facility provision, and tennis scholars training with National Academy players replicating a key aspect of Andy's successful formula.

The **sportscotland** institute of sport will help us deliver world-class sport science and medicine support, while Dollar Academy, a leading independent school, offers an excellent track record of attainment, as well as boarding, pastoral care and welfare provision.

The GB National Tennis Academy is set amongst Scotland's most spectacular and awe-inspiring scenery: it is against this backdrop that my coaching team and I will strive to develop future champions. We can't wait to start working with the next cohort of talented British juniors.



# Why Stirling?

## Scottish Track Record Of Success

Accounting for approximately 10% of the UK population, Scotland consistently punches above its weight and this is particularly the case in performance tennis. For almost 20 years Scotland has been a significant strength within British tennis, producing unrivalled success at elite level, mainly through brothers Andy and Jamie Murray, both reaching world number 1 in their respective fields, alongside Wimbledon champion Gordon Reid MBE. Double Olympic singles champion, twice Wimbledon Champion and US Open Champion in 2012, Sir Andy Murray OBE became a Doctor of the University of Stirling in recognition of his services to tennis in 2014, for more information [CLICK HERE](#)

The current crop of Scottish tennis players performing on international stages includes Cameron Norrie, Jonny O'Mara, Maia Lumsden, Aidan McHugh, Ali Collins, Jacob Fearnley and Connor Thomson to name a few. Three full-time professional tennis players, ATP title winners, one Pro Scholarship Programme player, one Women's Programme Player and three previous National Age Group Programme scholars – a terrific return that can be increased significantly with the infrastructure and opportunities surrounding the National Academy.

## Our Success in Numbers

86

ATP  
TITLES

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SIR ANDY MURRAY OBE

49

JAMIE MURRAY OBE

26

COLIN FLEMING

8

JONNY O'MARA

3

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30

GRAND  
SLAMS

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SIR ANDY MURRAY OBE

3

JAMIE MURRAY OBE

7

GORDON REID MBE

20

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03

OLYMPIC  
PARALYMPIC GOLDS

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SIR ANDY MURRAY OBE

2

GORDON REID MBE

1

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Sir Andy Murray OBE became a Doctor of the University of Stirling in recognition of his services to tennis in 2014



# Coaching Team

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Noëlle’s credentials speak for themselves. A teenaged Noëlle developed at the French National Centre; enjoyed a successful playing career on the WTA Tour; became an Academy Head Coach and French National Coach. Noëlle is kind, good hearted, caring and thoughtful person; knowledgeable, experienced, a fierce competitor passionate about tennis, with a lot to offer the next generation of aspiring players. Noëlle is a world-class coach. I look forward to visiting, to see the great work in Stirling.”

MARY PIERCE

Twice a Grand Slam Champion

”



GB National Tennis Academy Head Coach

**NOËLLE VAN LOTTUM**

Noëlle is a highly experience and world-renowned French coach, who prior to Stirling had been French National Coach and Head Coach of her own academy. Noëlle represented France in the Fed Cup and was ranked in the WTA top 50. Noëlle followed a similar journey to the aspiring GB National Tennis Academy players by moving to the French National Centre at 14 years of age. Noëlle was girl’s singles runner up at the US Open and Wimbledon semi-finalist and previous ITF Junior World No. 2. Noëlle boasts wins over two former world no. 1s, Justin Henin and Amelie Mauresmo. As Academy Head Coach she worked with former world no. 4, Kiki Bertens from 9-16 years of age. In two years in France Noëlle recently helped Océane Babel rise from 980 to world junior no. 6.

“

Noëlle is a very passionate person, great human-being with a track record of developing several players to ATP and WTA top 100. She will bring expertise and knowledge, as a former player she knows the pathway to success.

THIERRY CHAMPION

Former ATP 44 and coach of Gael Monfils,  
Former French Davis Cup and Fed Cup Coach

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“

It is a privilege to be appointed GB NTA Head Coach. Tennis in Britain and Scotland has been on a fantastic journey over the last two decades and we don’t need to look far from Stirling to be inspired by just what is possible. I am excited to take up the role and progress further the great work led by Colin, as Interim Head Coach.”

I’m very passionate about the development of young talent and Stirling provides a great environment to achieve that. I could not wish for a better team to work alongside, with Colin, Adam, Evie, Millie, Scott and Yuri all bringing different strengths and experiences to the programme which will help provide young players with a truly world-class tennis education

NOËLLE VAN LOTTUM

GB National Tennis Academy Head Coach

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**GB National Tennis Academy Lead Performance Coach  
COLIN FLEMING**

Colin Fleming is the Lead Performance Coach at GB National Tennis Academy. Colin will bring all his experience in professional tennis as winner of 8 ATP World Tour Doubles titles, as a double Olympian competing at London 2012 and Rio 2016, member of GB Davis Cup Squad, Gold medallist in The Commonwealth Games in Delhi 2010 and Grand Slam Quarter-finalist of Men's Doubles (Wimbledon and twice in the Us Open). Colin is currently a member of the GB Billie Jean King Cup Coaching Team and Tennis Scotland Performance Consultant.

Colin was previously Tennis Scotland National Coach where he supported Lead Individual coaches in the development of young Scottish talent including Jonny O'Mara, Aidan McHugh, Gordon Reid MBE, Maia Lumsden, Jacob Fearnley, Connor Thomson and Ali Collins. Colin also coached the GB Age Group Teams in the European Summer Cup 2017.

“

Colin Fleming in my opinion is one of the best coaches in Britain. I wouldn't change my training base of Stirling for anywhere else in the world. I am looking to push into the ATP top 30 and GB Davis Cup team, so it is obviously a pretty good tennis centre.

**JONNY O'MARA**  
Winner of 2 ATP Tour Titles

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**GB National Tennis Academy Performance Coach  
ADAM LOWNSBROUGH**

Adam Lownsbrough brings a wealth of experience coaching players on the WTA and ATP Tours, including Anastasia Pavlyuchenkova, Yuta Shimizu and French Open Doubles finalist Eri Hozumi.

Adam spent four years at the BTT Academy in Barcelona working for Francis Roig, coach to Rafael Nadal, who referred to Adam as: “Extremely hard working, loyal and honest. His experience internationally at Academy and tour level is a benefit to any tennis environment.”

Adam previously worked with a number of leading academies across the world including BTT, the Bob Brett Academy and the Kim Clijsters Academy.

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I have great memories working with Adam, the balance of hard work and relaxed atmosphere helped gain some fantastic results together. His experience and positivity will be a great addition to the team!

**ANASTASIA PAVLYUCHENKOVA**  
Career high WTA ranking of 13 and twelve consecutive seasons inside the top 50

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“

Adam is a great coach and I had my best result with him making the final of Roland Garros doubles in 2018. I felt like I improved with his guidance and work ethic.

**ERI HOZUMI**  
French Open Finalist

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# Coaching Team

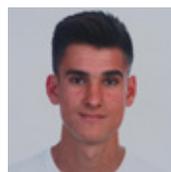


**Ella McDonald,**  
ITF J2 Santo Domingo Girl's Singles Champion



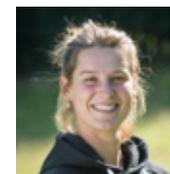
GB National Tennis Academy Coach  
**EVIE WILLIAMS**

Prior to joining the Academy Evie had been working at the Edgbaston Priory Club since 2016 where she has been working across the pathway from mini tennis to the Regional Player Development Centre (RPDC). Evie has been Captain for Warwickshire county girls' age group teams as well as the women's 1st team. Evie coached Tara Moore for a short period in 2019. Evie, a level 4 SPC Coach, is a bright prospect and has completed a Mentorship Scheme with LTA National Age Group Coach Hollie Bambridge.



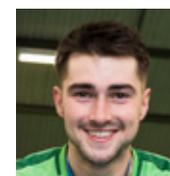
GB National Tennis Academy Pro Hitter  
**YURI SYROMOLOTOV**

Yuri is a Spanish pro hitter for the GB National Tennis Academy, with a career-high singles ranking of 1023 ATP. Yuri graduated from Middle Georgia State University in 2021. He was twice awarded SSAC Player of the Year as well as ITA Senior Player of the Year. Yuri is currently studying an MSc in Sports Management at the University of Stirling, playing for the Men's 1st team where he is undefeated in singles, National League Champions and BUCS Championship Finalists. As a pro hitter, he sparred with Roberto Carbelles (ATP ranking high 71) and Varvara Lepchenko (WTA ranking high 19).



GB National Tennis Academy Coach  
**MILLIE STRETTON**

Millie graduated from the University of Maryland in 2019 after playing four years of division 1 college tennis. In that time she reached #22 in the ITA doubles rankings and achieved a 10.6 singles UTR. She began a graduate assistantship at Marymount University the following year, combining assistant coach duties with the tennis programme and completing her masters degree. On her return to the UK, Millie coached in the East of Scotland County Programme in Edinburgh, before taking up the Apprenticeship Coach position with the GB NTA in Stirling. After completing her Apprenticeship Millie joined the GB NTA full-time.



GB National Tennis Academy Pro Hitter  
**SCOTT DUNCAN**

Scott is a pro hitter for the GB National Tennis Academy, with career-high rankings of 1274 ATP Singles and 424 ATP Doubles. Scott is a former tennis scholar at the University of Stirling and recently graduated with a masters degree in Sport Psychology. Scott is the joint most medalled GB Unis tennis athlete. He has represented Great Britain Universities four times, including the World University Games in Naples in 2019.

# World-Class Biomechanics

## DR MARC KOVACS

Tennis Scotland is delighted to work in partnership with the Kovacs Institute who will support the GB National Tennis Academy coaching team with the technical development of players.

Dr Mark Kovacs, a leading world-class biomechanist and former professional tennis player, has an extensive background in training and researching elite athletes, having previously directed the sports science, strength and conditioning and coach education departments for the United States Tennis Association. Over his career he has worked with dozens of top professional tennis players including John Isner, Sloane Stephens, Madison Keys and Reilly Opelka.

As a high performance expert, sport consultant, performance physiologist, professor and coach, Dr Kovacs is known as the go to expert for elite athletes looking for science based programming to optimise human performance. He was recently appointed as Senior Director of Sports Science and Health to the Cleveland Cavaliers of the NBA one of the biggest positions in American sports.

Blane Dodds, Tennis Scotland Chief Executive, said: "We are delighted to announce our partnership with the Kovacs Institute and Dr Mark Kovacs which will bring world-class biomechanics support to the GB National Tennis Academy. He is at the cutting edge of sports science developments and has a great record in tennis."

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Through the Kovacs Institute we are excited to work with Tennis Scotland, Noëlle Van Lottum, Colin Fleming and the entire team as a biomechanical consultant on tennis strokes and movement.

We are also excited to have many of the staff go through the International Tennis Performance Association (ITPA) educational curriculum in areas of tennis specific fitness and sport science education. This added sport science and technical knowledge will help improve the quality of coaching and training throughout the country.

DR MARK KOVACS

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Dr Mark Kovacs helps us immensely in the technical development of the players at Stirling with his knowledge of tennis and sports science, particularly biomechanics.

We have worked with him for a number of years and I can see why he is recognised as one of the best in the business. His support, particularly about the mechanics of the serve is unparalleled.

COLIN FLEMING

GB National Tennis Academy Lead  
Performance Coach, added

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# Philosophy and Culture



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The coaching team at the GB National Tennis Academy is unique with a blend of youth and experience, varied journeys and cultural diversity. We complement each other well which is a real asset for the academy. I look forward to working with Noëlle and the team and I am sure I will be learning from them as well. This together with the support from the wider team at Tennis Scotland and LTA, makes me confident in saying we deliver something special which will have positive results.

**COLIN FLEMING**

Olympian and Former Davis Cup Player

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The coaching team at the GB National Tennis Academy will adopt a holistic approach to player development:

- Develop players with ID
- Players from Stirling will be recognised for the values they demonstrate rather than the tracksuit they wear
- Respectful, hard workers, team approach, open minded, integrity, tough competitors, passionate, effort and engagement
- Independent players who problem solve and make decisions
- Matching their tennis game style to their physicality and personality
- Inter-disciplinary approach between tennis, science and medicine
- Monitoring and tracking progress through IAPs embedded in tennis, science and medicine.
- Committed to supporting and encouraging academic programmes
- Wider social development of young people
- Daily and weekly meetings to discuss player by player so the day to day activities links to the longer term IAP
- All staff making the commitment to the same process

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It's a genuine coup for tennis in Scotland and Great Britain to attract a coach of Noëlle's calibre, bringing with her a truly world-class reputation. Our recruitment process for this key role was thorough and we have excellent references from some of the most respected names in the game, including Mary Pierce and Thierry Champion.

**BLANE DODDS**

Tennis Scotland Chief Executive

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Having worked on the WTA and ATP tours and Academies abroad, as a British coach I am genuinely excited to work with aspiring juniors at the GB National Tennis Academy at the University of Stirling, with the vision of developing players to fulfil potential and enjoy careers in tennis.

**ADAM LOWNSBROUGH**

GB National Tennis Academy Performance Coach

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# sportscotland Institute of Sport

The **sportscotland** institute of sport (SIS) the national agency for high performance sport, will through world-class practitioners, provide sport science and medicine support to the GB National Tennis Academy. SIS provides high performance leadership and expertise to sports and athletes throughout Scotland and the UK. Sport science and medicine support aims to consistently optimise performance level providing a holistic co-ordination of support:



Physical Preparation  
**THOMAS WALTON**

Thomas leads the design and delivery of physical preparation. SIS support is passionate and professional in pursuit of the best possible physical performance.

- Programmes designed and implemented in conjunction with coaches & other service providers
- Proactive approach to injury prevention; where required develop and deliver rehabilitation programmes
- Design and deliver effective integrated tracking and monitoring protocols and processes

Thomas has been working with the SIS since 2019. He works with players from Tennis Scotland's National Player Programme including Maia Lumsden. He has also worked with Scotland's successful swimming programme.



Physiotherapy  
**CATHERINE SMALL**

Catherine leads on the delivery of physiotherapy for the GB National Tennis Academy, providing:

- Musculoskeletal health to help players train and compete without physical restriction
- Development of efficient and effective movement
- Developing players who are robust and resistant to injury
- Management of injury risk as well as assessment, treatment and rehabilitation of any injuries

Catherine is the lead physiotherapist for Snowsports and supported the GB team at their most successful Winter Paralympics in Pyeongchang in 2018.

Before starting at the SIS in 2016, Catherine had previously worked in the NHS and with a range of sports teams including England Women's Cricket Under 19 squad, England Disability Cricket squads and Swansea City Football Club.

This service is bolstered with sports massage provision from Kai Adams and Wimbledon therapist Lyndsay McQuat.



Performance Psychologist  
**RACHEL HANNEN**

Rachel primarily delivers performance psychology to help athletes achieve optimum performance by supporting:

- The implementation of the Wellbeing Strategy, including the Wellbeing Group and the Wellbeing workshops with players
- The key points of the coaching philosophy to develop self-reliant players who can regulate their thoughts, emotions and actions
- Players to direct their attention in training, competition and life outside of tennis
- Specialised work in the area of visual routines, self-awareness, self-regulation & mindfulness
- Cutting edge delivery in special projects including neuroscience

In addition to her role with the GB National Tennis Academy, Rachel has developed innovative interactive online education workshops for SIS on Brightspace. Rachel also supports athletes and coaches in British Curling, Scottish Cycling, Lacrosse Scotland, Scottish Athletics and Borders Athlete Support Programme. Prior to working as a sport psychologist Rachel was part of the British Curling programme for 8 years and has represented Scotland and Great Britain at international level.

# sportscotland Institute of Sport



Performance Lifestyle  
**CHRIS VOLLEY**

Chris will co-ordinate, oversee and deliver Performance Lifestyle support which provides tailored, individualised coaching, mentoring and counselling services to support performance athletes, coaches, parents and key personnel in all aspects of an athlete's life.

Chris supports player welfare and wellbeing throughout their time at the GB National Tennis Academy. Specifically support includes:

- Dual career and transition management
- Professional and personal development
- Lifestyle management
- Preparation for a successful life after sport

Since starting at SIS in 2014 Chris has been working across successful Scottish programmes in athletics, cycling and swimming. Chris also leads on Tennis Scotland's National Player Programme supporting Gordon Reid, Jonny O'Mara, Maia Lumsden and Ali Collins. Chris brings a wealth of experience – particularly working with athletes on the transition pathway through sport and studies. Prior to joining SIS Chris was National Coach for Scottish Triathlon.



Performance Analysis  
**KENNY MORE**

Support will be co-ordinated and overseen by Kenny More, Notational Analysis Lead at **sportscotland** which provides:

- Specialised services in data management, notational analysis, skill acquisition and special projects and innovation
- Working with measurement-based processes and provide evidence based support

Kenny has over 18 years of experience with SIS across 5 Olympic and Commonwealth Games cycles, as well as having been match analyst to the National Men's Football Team for 8 years. Support will be primarily delivered by Simon Lovelock and supported by Marc Kinsey, MSc in Performance Analysis graduate.



Performance Nutrition  
**REBECCA BURNS**

Rebecca Burns will primarily deliver Performance Nutrition support. Rebecca will help educate players to select the right foods and fluids, in the right quantity and at the right time to:

- Maximise training gains
- Enhance recovery
- Reduce risk of illness
- Optimum body morphology for tennis

Rebecca works with Tennis Scotland and Dollar Academy to ensure that nutrition requirements for all players are met on a group and individual basis. Rebecca has previously worked with the NHS, Sport Wales Institute of Sport where she supported Swim Wales and Welsh Cycling at the Commonwealth Games in the Gold Coast. Rebecca has represented Scotland in athletics.



Sports Medicine  
**DR CARRIE McCREA**

Carrie will oversee the medical network support for GB NTA athletes:

- Work closely with the wider support team in an inter disciplinary way to support the need to train and compete effectively
- Focus on preventing illness and injury and delivering evidence-based medical care after accurate diagnosis, careful clinical examination, experience and knowledge in order to maintain a healthy athlete
- Will look at travel implications, rest and recovery and promote clean sport
- Oversee referrals through the medical insurance scheme

Dr Carrie McCrea has been involved in High Performance Sports Medicine for over fifteen years, including roles with the Scottish Rugby Union, Scottish FA, Scottish Hockey, Scottish Swimming, Commonwealth Games Scotland and Team GB at the European and Olympic Games.

Carrie has special interests in child health, mental health in sport and female athlete health. Carrie continues to work in the NHS as a musculoskeletal medicine physician within the Orthopaedic department.



High Performance Manager  
**VIKKI BUNCE**

Vikki is a High Performance Manager at SIS. Vikki provides leadership and expertise to the GB National Tennis Academy. Vikki plays a key strategic role, fostering a strong partnership between Tennis Scotland and SIS.

Vikki champions the SIS approach to apply the important framework of:

- High Challenge
- High Support
- High Integrity

Vikki drives support in an interdisciplinary way, working as a team in a programme which is athlete-centred and coach-led.

Elsewhere Vikki supports other areas of the tennis performance pathway in Scotland, as well as a number of other sports including athletics, netball, sailing and shooting.

Vikki retired from international hockey in 2016 having played more than 200 times for Scotland and 14 times for Great Britain. Vikki combines her full-time role with the SIS alongside being the current Scotland Women's Team Assistant Coach.



“ I think we are very lucky because we get to use the sportscotland institute of sport, for me they are the best I have ever come across. We get to use the physios, the nutritionist, the physical trainers and that's unbelievable.

**JONNY O'MARRA**  
ATP top 50 doubles player and  
Tennis Scotland Ambassador



# Player Experiences

GB NTA players have benefited from some wonderful experiences including:

## JOSÉ HIGUERAS VISITS SCOTLAND

World-renowned tennis coach and former player, José Higuera, brought his coaching expertise to work with the GB National Tennis Academy players for a training camp. José won 16 ATP singles titles and reached back-to-back semi-finals at Roland Garros in 1982 and 1983, the year in which he reached number 6 in the world rankings.

José, a former coach to tennis superstar Roger Federer, also worked with some of the world's best players, including Pete Sampras and Michael Chang, and was recruited as the United States Tennis Association's director of coaching 2008 where he now acts as a consultant.

Jose shared his coaching philosophy at the annual Tennis Scotland Coaches' Conference, where the academy players gained valuable work experience supporting the running of the event.



## MURRAY TROPHY

At the Murray Trophy in Glasgow, Jamie Murray played a key role in promoting and hosting the ATP event. Prior to the start of play Jamie spent an afternoon coaching GB NTA players, promoting doubles drills with his former playing partner Colin Fleming - [WATCH HERE](#)

On finals day the GB NTA players performed a training demonstration in front of a partisan crowd!

## JUAN CARLOS FERRERO ACADEMY

Players at the GB National Tennis Academy enjoyed one week training at the JC Ferrero Equelite Sport Academy in Spain. As well as meeting and spending some time on court with former world number 1 Juan Carlos Ferrero, the players were also able to train and spar against full time academy players in Spain, outdoors on the clay.



## FUTURE EXPERIENCES

The GB NTA intend to pursue opportunities including:

- Inviting Mary Pierce to come to visit the GB NTA
- Training Camp at BTT in Barcelona where Adam previously worked for Francis Roig, who has worked with Rafael Nadal since 2005
- Explore other opportunities through Noëlle's vast contacts in the game

# Benefits



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Stirling is one of two National Academies at the heart of the LTA's Player Pathway. It provides a comprehensive full-time residential training and competition programme led by a world-class coaching team with cutting-edge science and medicine support. Academy players receive a first class education at one of Scotland's leading schools, Dollar Academy where they also reside.

The LTA is opening tennis up to provide more opportunities to young talent and make Britain one of the most respected nations in the world for tennis player development.

SCOTT LLOYD  
LTA CEO

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# Dollar Academy

## DOLLAR ACADEMY EDUCATION

GB National Tennis Academy at the University of Stirling is proud to partner with Dollar Academy. Founded in 1818, Dollar has its roots firmly in Scottish education, but its provision knows no boundaries. Pupils are offered an education that covers an unrivalled range of academic and co-curricular activities designed to nurture individual talents, interests and ambitions.

In 2018, Dollar was named The Sunday Times' Scottish Independent Secondary School of the Year after reaching its highest ever position in the rankings with more than 85% of Higher and Advanced Higher pupils securing top A or B grades.

Like most schools in Scotland, Dollar Academy follows the Scottish Curriculum, administered by the Scottish Qualifications Authority (SQA). These qualifications are highly valued by universities across the UK, Europe and the US. The system is similar, in many respects, to the English system with a broad range of subjects being studied up until age 14, followed by National 5s (similar to the English GCSE), Higher (similar to the old English AS level) and then Advanced Higher (equivalent to the English A level) examinations.

Breadth of choice is a recurring theme at Dollar and pupils can choose from the largest range of Highers available anywhere in Scotland. Given their training requirements, GB National Academy students will work to a reduced timetable of 15-16 hours per week. As a guide, National Academy pupils would aim to study for five National 5s and then three Highers. The school will work with each pupil on subject choices based on their own academic ability. For any children who experience barriers to learning during their time at school, the Support for Learning Department can help meet each individual set of needs.

## BOARDING

There are approximately 1300 pupils at Dollar Academy, and just under 10% are boarders. Around half of the boarding community is from the UK, while the other half is international. Boarders are a defining feature of life at the school and the boarding accommodation is of the highest standard. Dollar's three boarding houses replicate a family environment where children come to learn new skills, make lifelong friendships and do as much 'growing up' as they would at home.

Following an unannounced inspection visit by the Care Inspectorate in January 2017, the official rating on Dollar's boarding was graded at the highest Level 6 "Excellent" for the quality of care and support pupils receive. The report observed, "We saw highly sensitive and caring attitudes from boarding house staff, which helped them to clearly establish the ethos of home from home in a family atmosphere in the houses."



**1,300**

Total number  
of Pupils at  
Dollar Academy



**10%**

of Pupils at  
Dollar Academy  
are boarders



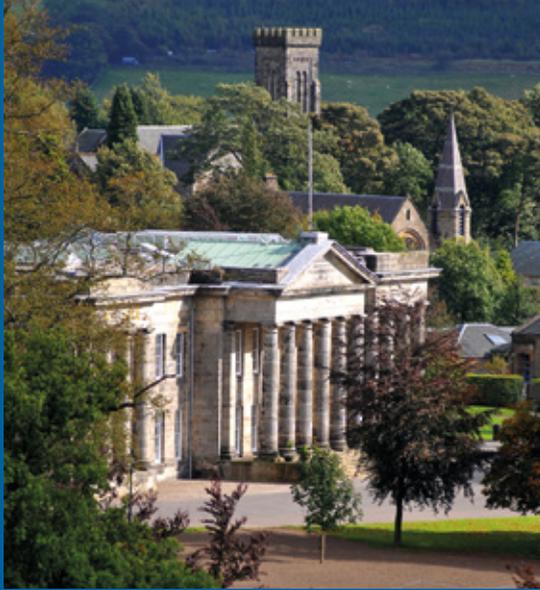
**50%**

of the boarding  
community is from  
the UK



**Level 6**

Excellent for  
quality and care  
pupils receive



In 2018, Dollar was named The Sunday Times' Scottish Independent Secondary School of the Year





Dollar Academy will provide a bespoke and safe national academy transport service to take players between the school and the university. The run takes 21 minutes and is a door to door service.

## WELFARE/PASTORAL

Dollar Academy recognises that, in order for every young person to succeed to the best of their abilities, they must do so in a caring and secure environment; one which will encourage them to develop self-confidence and social skills, one where the relationship between all members of the community is based on trust and respect. In order to foster this trusting relationship, Dollar has a well-developed pastoral and guidance system. Guidance staff also have a role in curricular guidance and in discipline.

In essence, they have a complete overview of each child's progress and development - social, emotional and academic. A survey held in 2017 involving more than 1000 pupils, teachers, former pupils and parents indicated that families choose Dollar Academy for reasons of excellence, opportunity and community. The values the pupils ascribed to the school converted into three imperatives which were: "work hard, be kind and get involved". These are central to the ethos of the school and all staff recognise that excellent pastoral care makes a vital contribution to the intellectual and social development of each individual pupil.

## DOLLAR ACADEMY SCHOOL VALUES



**WORK HARD**



**BE KIND**



**GET INVOLVED**

## MEDICAL PROVISION

Dollar Academy has a well-resourced Medical Centre, which is staffed Monday to Friday during term time by a team of nurses led by Mrs Dunnet.

The school nurses attend to incidents of injury or illness amongst pupils and staff on site, and are responsible for the provision of health screening, medical examinations and vaccination programmes as appropriate in line with national School Health Service guidelines. They work in close conjunction with senior management and guidance staff with regard to pupil welfare, participate in the delivery of health-related topics in the school's PSE programme, and support Dollar Academy's health and wellbeing programme.

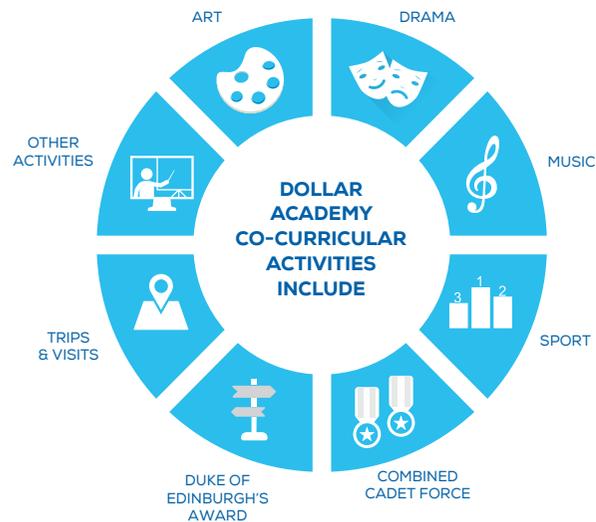


## CO-CURRICULAR

Encouraging children to get involved is central to the Dollar ethos. The school has a great academic reputation but a truly excellent education is about far more than that. Activities out of class time are just as significant in the development of young people.

Dollar prides itself on offering pupils more than 70 different clubs and activities. From sports as diverse as skiing, yoga and ultimate frisbee to a multitude of art, drama and music clubs there is something for everyone. There are also a number of service activities including charity work, CCF and The Duke of Edinburgh's Awards. All options allow pupils to broaden their minds and learn how to commit themselves to a cause.

A full list of the activities can be viewed on the Dollar Academy website [CLICK HERE](#)



## DOLLAR ACADEMY FACILITIES

Dollar Academy is situated in stunning countryside on a beautiful 70-acre campus in Central Scotland. All academic departments, sports facilities and boarding houses are located within the school grounds. Sport is deeply rooted in life at Dollar and the school benefits from excellent facilities including:

- A swimming pool
- Two large indoor sports halls
- A fitness suite (including spinning area)
- A strength and conditioning room
- A physiotherapy room
- A range of grass and artificial pitches



Dollar Tennis Club is just a five minute walk from the school. Despite being surrounded by wide green spaces, Scotland's major cities and their airports are within easy reach. Dollar is only a 20 minute drive from Stirling, 30 minutes from Perth and under an hour from Edinburgh and Glasgow.

# University Of Stirling

Scotland's University for Sporting Excellence, A National Title Awarded By Government

## THE TIMES AND SUNDAY TIMES GOOD UNIVERSITY GUIDE 2020: SPORTS UNIVERSITY OF THE YEAR

The University of Stirling is the training base for some of the UK's top Olympic and Paralympic athletes and is home of Scotland's National Swimming Academy, the Scottish National Tennis Centre and Triathlon Scotland. Our extensive sports facilities allow you to play and train alongside Olympic athletes.

The £20million transformation of the University of Stirling's sports facilities at Scotland's University for Sporting Excellence creates an iconic sports complex that will be integrated with existing world-class facilities. The redevelopment opened in November 2020. Stirling were awarded the Sports University of the Year 2020 from The Times & Sunday Times – Good University guide 2020.

“

University of Stirling an institution which is recognised internationally  
for its sports research and facilities

SIR ANDY MURRAY OBE

”

## SCHOLARSHIP PROGRAMME

The University's International Sports Scholarship Programme is one of the largest high-performance sports programmes in the UK. We've supported more than 1,000 UK and overseas student athletes since its inception in 1981. We've produced some of the finest British and Scottish talents in history across a range of sports. Our student athletes have successfully competed at the Olympic games, the Commonwealth Games and the Walker Cup, to name a few.

## TENNIS SCHOLARSHIPS

The Tennis Programme has an excellent track record of success in BUCS and mainstream sport over the last 20 years. A holistic player development programme operates year round, providing excellent coaching, S & C, physiotherapy and sport psychology. Integrating aspects of training between University of Stirling Scholar athletes and National Academy players will be mutually beneficial and create opportunities similar to those experienced by former junior players including Sir Andy Murray OBE, Jonny O'Mara and Maia Lumsden.



# Sports Facilities

The University of Stirling is the training base for some of the UK's top Olympic and Paralympic athletes and is home of Scotland's National Swimming Academy, the Scottish National Tennis Centre and Triathlon Scotland. Our extensive sports facilities allow you to play and train alongside Olympic athletes.

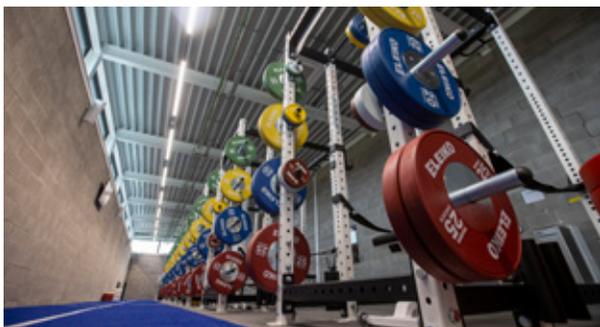
The £20million transformation of the University of Stirling's sports facilities will see Scotland's University for Sporting Excellence create an iconic new sports complex that will be integrated with existing world-class facilities. The redevelopment has already started and is due for completion in summer 2020. We are rated first in Scotland and second in the UK for sports facilities (International Student Barometer 2016).

## TENNIS COURTS

The tennis facilities include six acrylic indoor hard courts. The GB NTA has access to four red clay courts and two artificial clay courts at Bridge of Allan Sports Club.

## GYM AND SPORTS SCIENCE LAB

The University of Stirling operates a high-performance gym, currently used by the University's own performance athletes, as well as sportscotland institute of sport. The facility redevelopment creates an unrivalled high-performance suite designed with input from sportscotland institute of sport colleagues, including a 40m sprint straight, strength and conditioning areas, assessment area, sports science testing and physiotherapy/treatment rooms.



## SWIMMING POOL

The University has a reputation as one of the UK's leading high-performance swimming centres as it hosts the National Swimming Academy, a partnership between the University, Scottish Swimming and British Swimming. Our athlete swimmers have enjoyed medal success at the Olympics, the World Championships, Deaflympics and British Summer Championships, including Duncan Scott the first British Athlete to win four medals at an Olympic Games in Tokyo 2020.

## SPORTS HALL

Ideal for a wide variety of sports, including badminton, table tennis, short tennis and basketball.

## PLAYERS' LOUNGE

GB National Tennis Academy players enjoy exclusive use of the Players' Lounge within the tennis facilities at the University of Stirling. The 55m2 Lounge includes relaxing spaces with TV and games as well as a study area with desks and access to internet. There are small kitchen facilities where prepared or cooked food can be reheated and smoothies can be made.

“

I trained on the courts at the Scottish National Tennis Centre at the University of Stirling when I was growing up. It's recognised internationally for its sporting facilities and I know there are some talented junior players practising there every day.

SIR ANDY MURRAY OBE

”



“

The unique feature of sport at the University of Stirling is the environment within which Olympic medallists train and compete alongside students, staff and the wider community. This development will mark the beginning of another exciting chapter for sport at the University and within the Stirling area.

CATHY GALLAGHER,  
Executive Director of Sport

”

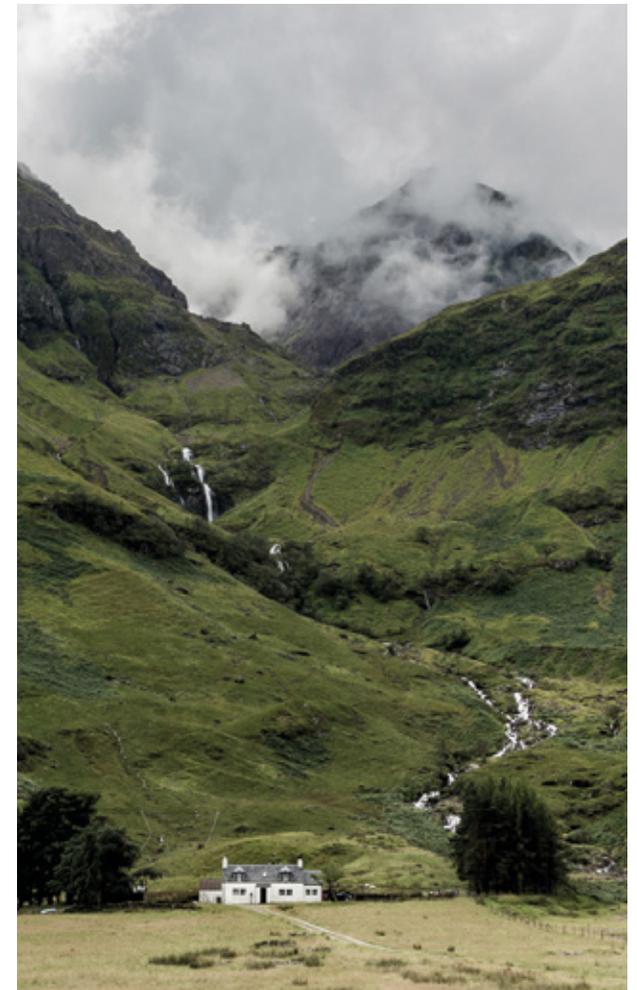
# Quality of Life

## STIRLING AND DOLLAR

Stirling is known as the Gateway to the Highlands and there are considerable quality of life benefits to experience through life in central Scotland. The University of Stirling is situated between the stunning Ochil Hills, the famous Wallace Monument and Stirling Castle, next to Bridge of Allan, a picturesque village between Dunblane and Stirling.

The Aithrey Loch and Aithrey Castle are at the heart of the idyllic 330-acre parkland university campus, which is regularly described as one of the most beautiful locations in the world.

Parts of Stirling, Dunblane, Bridge of Allan and much of the rural area are some of the most affluent and successful communities in the country with good health and excellent quality of life. Dollar town in particular offers quaint shops and eateries and most of the businesses can be found on the main street, Bridge Street. It provides the perfect backdrop for academic achievement and sporting excellence.



# Timetable

## A DAY IN THE LIFE OF A NATIONAL ACADEMY PLAYER



Hypothetical timetable indicative of time on task.



# Progression Routes



Stirling has been a fundamental stepping stone for my development as a tennis player. Together with my former coach Toby Smith, I have been coming to Stirling on a regular basis since I was 12. Stirling gave the opportunity to have a tennis centre where I could practice with older and more experienced players, mainly University of Stirling Scholars, who added value to my tennis programme.

This was possible thanks to the links between Tennis Scotland and the University of Stirling. I'm sure the GB National Tennis Academy will be excellent for young players to grow and develop their tennis

**AIDAN MCHUGH**  
PSP Player



## PROFESSIONAL TENNIS

The main goal of the GB National Tennis Academy is to produce elite players reaching the top 100 positions of professional tennis. This is the route that we want to instil in all our players the moment they become part of the Academy.

## PSP

The Pro Scholarship Programme would be a natural step forward for those players 16+ with strong potential to become Top 100 within five years, the perfect link between the National Academy and the Elite support of the LTA National Player Pathway.



## UK / US UNIVERSITY SCHOLARSHIPS

There are no risks or compromises within the GB National Tennis Academy, only opportunities. The University tennis exit has proved to be an excellent choice for those players wanting to combine an academic education with tennis at the highest level.

The University of Stirling is well positioned to support players graduating from the National Academy. Stirling has numerous examples of student athletes enjoying the university environment, support and sense of being part of a team which has helped their progression into professional tennis, including Colin Fleming, Jonny O'Mara and Gordon Reid MBE.



## EMPLOYMENT (PROFESSIONAL LIFE SKILLS)

The benefits of a dual career pathway of a student athlete are well established. The University of Stirling and the tennis programme has contributed to the tennis workforce, to the point where all of the national coaching team were graduates and a high percentage of the Tennis Scotland Senior Management Team are graduates.

# World-Class Stirling: What The Players Say



## SIR ANDY MURRAY OBE

Growing up I was fortunate, Dunblane Sports Club gave me opportunities to train and compete from a young age and we had indoor courts at the University of Stirling on the door step. In addition to the facilities, I was lucky to have my mother, as the National Coach, my older brother Jamie, and Leon Smith, who worked as my coach for a time.

There was a talented group of Scottish juniors, as well as older University tennis scholars to train alongside. This variety definitely helped develop my game early on.



## GORDON REID MBE

I have trained at the University of Stirling for over 10 years now so this place has been a great part of my life and my career as a tennis player. At Stirling there is a lot of variety of players to train and hit with.

There are players of different age who are suitable for training, many squads where I can join and have a good session, players with different game styles to adapt to and to figure out how to play against them.



## COLIN FLEMING

The Scottish National Tennis Centre at the University of Stirling has been a big part of my tennis career as I played there from it's opening in 1991 right through until I retired from professional tennis in 2016. As a junior I trained with the likes of Andy and Jamie Murray, Jamie Baker, Karen Paterson and Keith Meisner and it was great to train with the University's tennis scholars who added further variety and competition.

I then attended the University as a tennis scholar myself before continuing to train there throughout my whole professional career.



## MAIA LUMSDEN

Since returning to Stirling my tennis has improved to the point where I have won WTA titles, achieved a WTA career ranking high of 250 and been selected for various scholarship programmes, including, University of Stirling, Winning Students, NAGP, LTA Women's Programme and the Tennis Scotland National Player Programme which have all helped me combine the dual career of a student-athlete and chase my dream of becoming a full-time professional tennis player whilst preparing for a life after elite tennis.

# Book Your GB NTA Visit



## **BOOK GB NTA OPEN DAY AND VISIT:**

To book your Open Day place on either: **Saturday 16** or **Thursday 21 April** please e-mail [Jason.Atkins@tenniscotland.org](mailto:Jason.Atkins@tenniscotland.org)

## **OPEN DAYS**

The GB National Tennis Academy will host two Open Days to give shortlisted players and parents/guardians the opportunity to tour the facilities at the University of Stirling and Dollar Academy, meet with the coaches and practitioners delivering sport science and sport medicine support and experience a taste of what life will be like at the National Academy and specifically within the tennis environment.

## **OPEN DAY PLAN**

- Welcome and presentations from key staff Chief Executive, Head Coach
- Meet the National Academy staff team
- On court fitness and tennis session
- Visit and tour of Dollar Academy, including welcome from the Rector
- Tour of University of Stirling Campus
- Q&A with National Academy Staff and LTA Representative

## **PLAYER VISITS**

GB National Tennis Academy will host individual player visits between 1-29 April around the competition schedules of key National Academy staff and shortlisted players

## **SELECTION PROCESS**

The National Academy selection policy is available [HERE](#)

# Key Contacts

## JASON ATKINS GB National Tennis Academy Manager

Jason Atkins has an excellent track record in leading sport programmes. At the University of Stirling he led Scotland's National Sport Scholarship Programme 'Winning Students'. Jason is a former Scottish Universities Internationalist and GB Universities Golf Team Manager.

[jason.atkins@tennisscotland.org](mailto:jason.atkins@tennisscotland.org)

## MAT HULBERT GB National Tennis Academy Welfare Officer

Mat has been with Tennis Scotland for over 20 years and is the National Safeguarding Officer. Mat brings a wealth of experience to the role of GB National Tennis Academy Welfare Officer. Mat is also a Level 5 Accredited+ coach and also a qualified Tutor/Assessor.

[Matthew.Hulbert@tennisscotland.org](mailto:Matthew.Hulbert@tennisscotland.org)

## WEBSITE

[www.lta.org.uk/about-us/in-your-area/tennis-scotland/tennis-scotland-university-of-stirling/](http://www.lta.org.uk/about-us/in-your-area/tennis-scotland/tennis-scotland-university-of-stirling/)

## SOCIAL MEDIA CHANNELS

 [facebook.com/tennisscotland](https://facebook.com/tennisscotland)

 [instagram.com/tennisscotland](https://instagram.com/tennisscotland)

 [twitter.com/tennisscotland](https://twitter.com/tennisscotland)

 [youtube.com/channel/UChCQCQ2w\\_e4BMKOy-j24moQ](https://youtube.com/channel/UChCQCQ2w_e4BMKOy-j24moQ)





 **GB NATIONAL  
TENNIS  
ACADEMY**  
AT THE UNIVERSITY OF STIRLING

