



# ENTER THE LTA NATIONAL LEAGUE 2023

**TEAM COMPETITION FOR JUNIORS, ADULTS & SENIORS**

Entries open until 14 February unless stated otherwise.  
League matches start in April.

Visit [lta.org.uk/compete/adult/national-league](https://lta.org.uk/compete/adult/national-league).



# WHAT IS THE LTA NATIONAL LEAGUE?

LTA National League is primarily a singles-based team competition for all LTA registered venues (clubs, parks and universities). It aims to provide players of all ages and abilities with regular league matches against players of a similar standard in a competitive team environment—an excellent way for venues to attract and retain players. There are different tiers across the competition that culminate in a National Finals.

## HOW TO ENTER

Enter online or find out more at [lta.org.uk/compete/adult/national-league](https://lta.org.uk/compete/adult/national-league) (adults and seniors) or [lta.org.uk/compete/junior/national-league](https://lta.org.uk/compete/junior/national-league) (juniors). Login credentials will be sent to clubs and head coaches at LTA registered venues during the entry period. Please speak to the main contact at your club or your league organiser to find out more.

## RULES AND REQUIREMENTS

### JUNIORS

- Entry is £40 per team for Premier tiers
- A player may represent one venue in 12U, 14U and 18U age groups
- Players 12U are born 2011–2012, 14U born 2009–2012, and 18U born 2005–2012
- The competition is for stronger teams in 12U, 14U and 18U age groups
- Recreational players wanting to compete more locally within their county should enter the LTA Youth League. Visit the Entry Information area on the website and select your county to find the relevant information

### ADULTS

- Entry is £20 per team for County tiers and £40 per team for Regional and National tiers
- A player may represent one venue in the Open age groups
- There are Men's and Women's events and also a Mixed event in the County tiers
- Players must be born on or before 31 Dec 2009
- Regional and National tier teams are directly invited based on the previous year's performance

### SENIORS

- Entry is £20 per team
- A knockout competition regionalised in the early rounds
- Majority of events are doubles, only with the exception of the over 35's
- All players must be aged 35 or over to compete in the competition
- National Finals to take place in November
- Men's age categories: 35, 45, 50, 55, 60, 65, 70, 75
- Women's age categories: 35, 40, 50, 60, 65, 70
- Mixed events: Junior, Senior, Super Senior and Medley