

LEVEL ONE COACHING ASSISTANT



COURSE INFORMATION

# BRITISH TENNIS COACHING ASSISTANT



# WHAT'S THE AIM OF THE COURSE?

**The course is the starting point for people who want to get involved in tennis. It is aimed at people who are enthusiastic about tennis and want to help a coach deliver Mini Tennis.**

It is endorsed by the UKCC (United Kingdom Coaching Certificate) and successful candidates will receive a Level 1 Certificate in Coaching Tennis awarded by 1st4sport.

The main objectives are to train candidates in how to assist an LTA licensed coach with groups of mini tennis players.

On successful completion of the Level 1 candidates should be able to:

- Motivate and inspire people to play tennis.
- Use effective verbal and non verbal communication skills.
- Organise tennis activity constructively and safely.
- Plan and deliver a structured lesson using LTA Level 1 coach resources.
- Have basic knowledge of tactics, techniques and rules of tennis.
- Have a full understanding of the structure of Mini Tennis.



**DAY ONE**  
INTRODUCTION  
TO LEVEL 1  
MINI TENNIS  
LESSON STRUCTURE  
BASIC TACTICS  
BASIC TECHNIQUE  
FEEDING  
DEMONSTRATIONS

**DAY TWO**  
DAY TWO  
ORGANISATION  
COMMUNICATION  
INITIAL ASSESSMENT  
TUTORIAL  
ACTION PLAN

**3-6 WEEK BREAK**

DAY MINIMUM 3 HOURS EXPERIENCE OF ASSISTING A COACH

**DAY THREE**  
ADVANCED ORGANISATION  
DIFFERENTIATION  
WRITTEN PAPER  
ON COURT ASSESSMENT  
PORTFOLIO ASSESSMENT

## COURSE STRUCTURE

The course is three days - 2 consecutive days followed by a 3-6 week break for practical experience and a final 1 day assessment.

During the three to six week break, candidates will need to complete their portfolio of evidence and complete a minimum of three hours coaching assistant experience with a licensed coach mentor.

Candidates are required to have their coaching assistant experience organised before the course starts. For help with this please contact your LTA County Office - contact details can be found at [www.LTA.org.uk](http://www.LTA.org.uk)

## COURSE ASSESSMENT

The course is assessed in three areas:

1. On court practical coaching assessment using course materials
2. Portfolio of evidence
3. Written paper

Candidates must attend all the sessions on the course at the same venue and pass all elements of assessment to be successful.

## **COST OF THE COURSE**

Please see the information provided by the course provider for full course costs. Please submit your application at least 21 days in advance of the course start date. All places are subject to availability.

## **COURSE PRE-REQUISITES**

Candidates must:

- Be at least 16 years of age on the first day of the course.
- Have an LTA enhanced CRB disclosure before applying for the course.
- Have an active interest and involvement in tennis.

## **CRIMINAL RECORDS BUREAU (CRB) ENHANCED DISCLOSURE**

Candidates should obtain a CRB application form by emailing their name and address to [crb@LTA.org.uk](mailto:crb@LTA.org.uk). Alternatively you may contact your LTA County Office. Please note, the Disclosure must be processed through the LTA, and be less than 12 months old at the start of the course. Unfortunately, the LTA are unable to accept a Disclosure completed by another organisation, regardless of issue date.

## **WITHDRAWAL FROM THE COURSE**

- If a candidate withdraws from the course less than 21 working days before the start date then the full course fee will be forfeited if the vacancy is not filled.
- Once candidates have enrolled onto a course they must attend all 3 days at the same venue.
- Under no circumstances, other than medical (supported by a doctor's note), can a candidate move between venues.
- Withdrawal during the course will also result in the loss of the full course fee.

Full terms and conditions can be found on the application form.

## **FOLLOWING ACCEPTANCE OF AN APPLICATION**

- Details of the course venue, directions and times will be sent by the course organiser.
- Course resources will be given out by the tutor on the first day of the course.
- The signed application form will be retained by the course organiser.

