

BRITISH TENNIS WHAT TO LOOK FOR IN A COACH



BRITISH TENNIS CHOOSING A COACH



The Lawn Tennis Association, The National Tennis Centre,
100 Priory Lane, Roehampton, London SW15 5JQ
T: 0208 487 7000

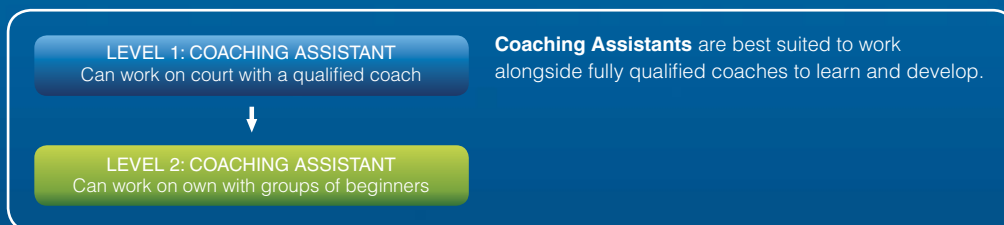


BRITISH TENNIS WHAT TO LOOK FOR IN A COACH

1 QUALIFICATION

A qualification represents the level of training a coach has received and the level of skill to which she/he has been assessed. The LTA's current system of qualifications is shown below.

The qualifications shown here were launched by the LTA in 2009 and are not exhaustive. There are other organisations that provide tennis coaching qualifications and other valid qualifications that have been offered by the LTA in the past. Visit www.LTA.org.uk/coaches for further info on other qualifications that are not listed here.



Coaching Assistants are best suited to work alongside fully qualified coaches to learn and develop.



Coaches are fully qualified to work with a range of players of varying ability. A coach's specialism (either performance or club) indicates the type of players that their training has been tailored for. Their level indicates the level of skill that you can expect (Coach - Senior - Master).

For more information on qualifications please visit www.LTA.org.uk/coaches



2 ACCREDITATION

LTA accreditation includes regular CRB checks, first aid training, full insurance and a commitment to the LTA's code of conduct. **ALL** LTA Accredited coaches & coaching assistants are committed to meeting minimum standards for safety and ethics.

Look for **two types** of LTA accreditation:

1. Registration:

- Basic accreditation for coaches and coaching assistants
- Committed to minimum standards for safety and ethics

2. Licensing:

- Only available to fully qualified coaches
- Requires an extra commitment to regular training
- The best choice for quality, up-to-date coaching

Remember to check that accreditation is valid.

3 EXPERIENCE

Coaches all have different areas of expertise. Look at your coaches' **recent** experience to see if it fits with what you're looking for.

Some key questions to ask your coach:

- Have you coached someone in the same age group?
- Do you offer a complete tennis program including individual, group and competitive opportunities?
- Do you offer assistance in getting a rating?
- Do you encourage your players to compete and help plan competition schedules?
- Do you help develop young coaches?
- Have you managed a programme before?
- Can you provide some references and a CV?
- Is there a chance to observe one of your coaching sessions?

