

WHAT IS TIMED TENNIS?

A fun and enjoyable competition format which counts for ratings. Timed tennis will make it easier for players to plan their competition with parents and coaches knowing when it starts and finishes.

It is also a great opportunity for ratings matches to take place in a coaching session either weekly, at the end of every term as a competition week or during the holidays. This will provide players with a stepping stone into further competition opportunities outside of the coaching programme.

HOW DOES IT WORK?

Red Ball Competition:

- 10 minutes per match
- Counts for mini tennis ratings
- Each point won counts for 1 point
- The player with the most points after 10 minutes wins
- If scores are equal after 10 minutes a deciding point is played
- Players to finish a point if started when 10 minutes is up
- After the first point, players serve for two consecutive points then swap, like in a tiebreak

Orange Ball Competition:

- 15 minutes per match
- Counts for mini tennis ratings
- Each point won counts for 1 point
- The player with the most points after 15 minutes wins
- If scores are equal after 15 minutes a deciding point is played
- Players to finish a point if started when 15 minutes is up
- After the first point, players serve for two consecutive points then swap, like in a tiebreak

Green / Yellow Ball Competition:

- 20 minutes per match
- Counts for mini tennis ratings
- Counts for yellow ball ratings at 10.1 and 10.2 only, however mixed singles matches would not count.
- Normal game scoring with sudden death deuce (receiver picks which side they would like to receive)
- If games played are equal after 20 minutes finish the game you are playing
- If games played are not equal after 20 minutes, play must stop and the player with the most games wins

Top Tips for Coaches/Organiser:

- Matches should start and finish with whistle or claxon
- Players should be encouraged to be as quick as possible between points
- Don't forget to get all players to sign up to British Tennis Membership
- No need to change ends if playing indoors