

# STEP BY STEP GUIDE: HOW TO MAKE A PLEDGE

Submitting a pledge is easy and can be completed in just a few simple steps.

## STEP 1 – GO TO [HTTPS://PLEDGEBALL.ORG/LTA](https://pledgeball.org/LTA) AND SEARCH FOR YOUR VENUE



### MAKE A DIFFERENCE

Daily, weekly, monthly and annually, millions of us gather together for the love of our sport, for the endless deuces, the great shots, the poor shots and the simply disastrous, to congratulate, to commiserate and to share conversations. Together, as the tennis community we can drive change to protect the sport that we love and the conditions we need to play it. This summer, we invite you, the fans and players, to join us in driving this change; making a pledge as a member of your tennis venue is one way you can participate. However big or small your actions, it will make a difference.

## UPCOMING EVENTS



## STEP 2 – CLICK ON YOUR VENUE NAME

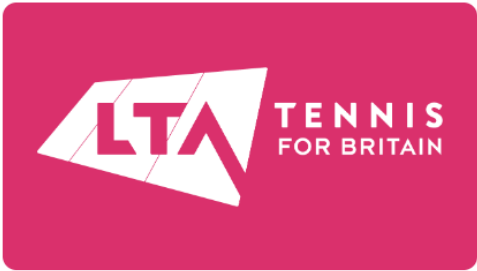
Nottingham Tennis Centre



DEC 6, 2023 - APR 9, 2023

Current CO2e pledged by this event:  
228.60 kgCO2e  
Equivalent to 0.05 cars

## STEP 3 – CLICK ON 'PLEDGE'



# NOTTINGHAM TENNIS CENTRE

**Organiser:** David Everington

**Location:** Nottinghamshire

[Pledge](#)

[Edit Event](#)

Please note the LTA summer season 2023 campaign has now ended and Pledgeball winners have been decided. Keep a lookout for any future campaigns via communications from your tennis venue or LTA social channels.

Current CO2e pledged by this event:

**228.60kgCO2e**

Equivalent to 0.05 cars

## STEP 4 - SIGN IN AND START MAKING YOUR PLEDGES

### PLEDGE FOR YOUR VENUE

**ENTER YOUR DETAILS TO REGISTER AND START PLEDGING!**

Tick to confirm your consent to your details being stored by PledgeBall (required)

Tick to receive occasional updates about the impact of you and your fellow Pledgeballers (and if you like freebies). NB please tick even if you have already subscribed otherwise you will be unsubscribed

**REGISTER FOR THE EVENT BY MAKING YOUR PLEDGE(S) BELOW.**

<p><b>BATHROOM</b></p> <p><input type="checkbox"/> Use recycled toilet paper</p> <hr/> <p><b>CARBON FOOTPRINT</b></p> <p><input type="checkbox"/> Calculate your carbon footprint and make the change that would reduce it the most</p> <p><input type="checkbox"/> Pay into a carbon offsetting scheme</p> <p><input type="checkbox"/> Plant some trees</p> <hr/> <p><b>DIET</b></p> <p><input type="checkbox"/> Plant your own vegetable garden</p> <hr/> <p><b>DO NOT STANDBY</b></p> <p><input type="checkbox"/> Keep chargers, TVs and computers off at the wall</p> <hr/> <p><b>EAT MORE VEGGIES</b></p> <p><input type="checkbox"/> Go vegan for two days a week.</p> <p><input type="checkbox"/> Reduce meat consumption by 50% (especially beef and lamb)</p>	<p><b>OVER THE LINE</b></p> <p><input type="checkbox"/> Hang your washing out instead of using the tumble dryer</p> <hr/> <p><b>PACKAGING</b></p> <p><input type="checkbox"/> Buy big packs of snacks instead of multi-packs, and split them into reusable containers at home</p> <p><input type="checkbox"/> If you think the council could offer more recycling services, write and tell them</p> <hr/> <p><b>PACKAGING AND PLASTIC</b></p> <p><input type="checkbox"/> Turn down plastic freebie toys or return them to shops</p> <hr/> <p><b>PEAT FREE</b></p> <p><input type="checkbox"/> Use peat-free compost</p> <hr/> <p><b>PERSONAL HYGIENE</b></p> <p><input type="checkbox"/> Use solid hair-care products eg shampoo bar</p> <p><input type="checkbox"/> Use reusable toiletries (eg menstrual products, face wipes)</p>
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**Total pledged:**  
**0 kg of CO<sub>2</sub>e per year**  
**plus 0 other**

## STEP 5 – DON'T FORGET TO SUBMIT YOUR PLEDGES

Submit

## AND WATCH YOUR VENUE CLIMB THE LTA PLEDGEBALL LEAGUE

LTA PLEDGEBALL LEAGUE		
Show <input type="text" value="10"/> entries	Search: <input type="text"/>	
Rank	Venue	TotalCO <sub>2</sub>
1	Hoole LTC	53.7
2	Halton Tennis Centre	3195
3	Nottingham Tennis Centre	228.6

Showing 1 to 3 of 3 entries

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### HANDY TIPS!!

You can make the same pledge each week that will count towards your club's victory over the opposition.

Each pledge will only be counted once towards your club's standing in the league. To climb the league, you need new pledges and pledgers.

If your team's fixtures do not appear, please [contact us](#). We use an API to feed in the fixtures and sometimes there are hiccups!