

HOW TO SET UP RED, ORANGE & GREEN COURTS

We use specially adapted courts and equipment to help children learn and enjoy playing in a format that is appropriate for their size and ability. This standardisation also makes it possible for coaches, players, parents and other clubs to easily identify the tennis pathway including ability levels of players.

There are different options for setting up courts depending on the type of activity (i.e. lesson, practice or competition) and what space is available. This resource provides options specifically for Red, Orange and Green competition.



HOW TO SET UP RED, ORANGE & GREEN COURTS

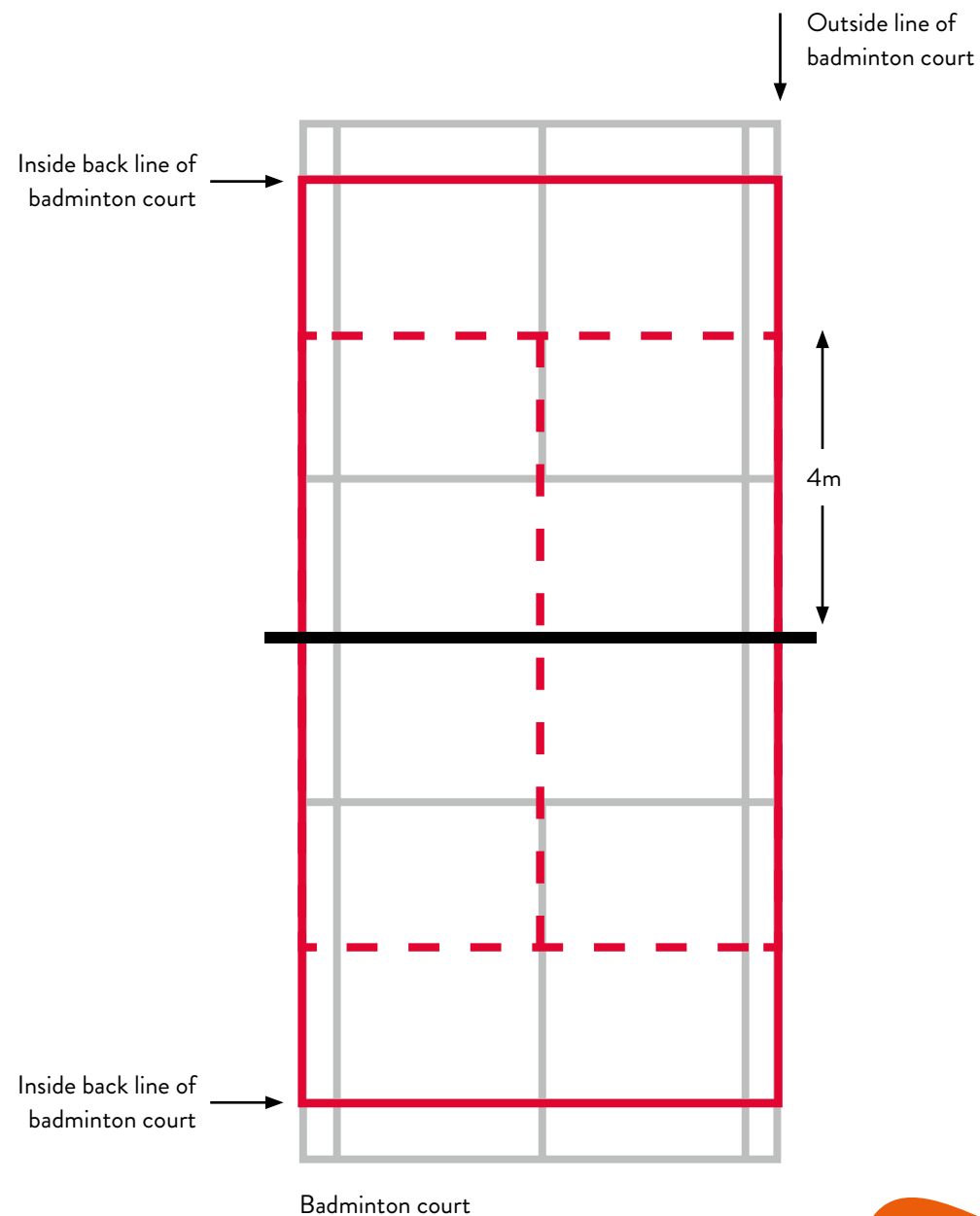
RED COURTS

Option 1: A modified badminton court

The dimensions of a badminton court are 11.88m x 6.10m. To adapt a badminton court for Red Court competitions you should use the following boundaries:

- **Length** = inside back line as baseline.
- **Width** = outside lines as the sidelines.
- **Service boxes** = use 'throw down' lines to add service lines 4m from the net, extend existing centre line to the net.

BALL:	Red (sponge indoor, felt outdoor)
COURT:	11m x 5.5m (OK to use badminton court lines)
NET HEIGHT:	80cm
RECOMMENDED RACKET SIZE:	43cm – 58cm (17" – 23")



HOW TO SET UP RED, ORANGE & GREEN COURTS

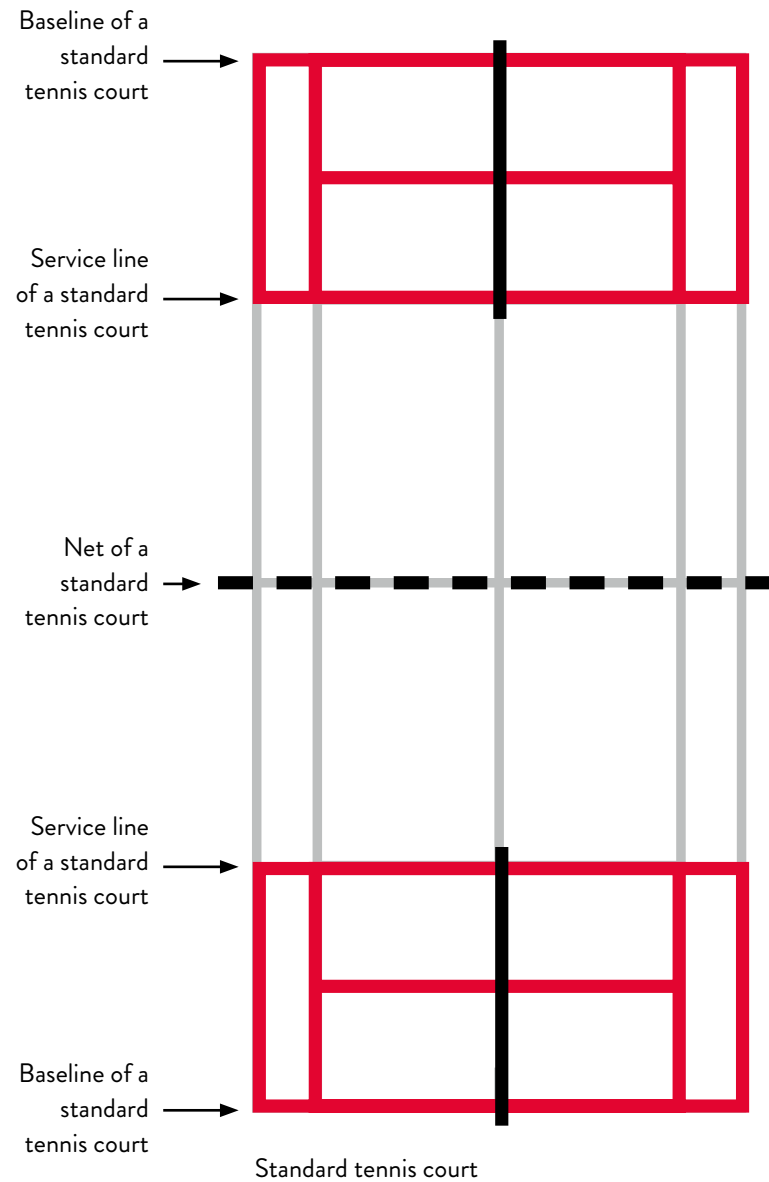
RED COURTS

Option 2: Two red courts using the length of one standard tennis court

Using this option makes use of existing lines on the standard tennis court, however additional lines are required to fully mark out the Red Courts.

These additional lines can be marked using 'throw down' lines, or depending on the surface being used, masking/gaffer tape is also useful to create the additional lines required.

BALL:	Red (sponge indoor, felt outdoor)
COURT:	11m x 5.5m (OK to use badminton court lines)
NET HEIGHT:	80cm
RECOMMENDED RACKET SIZE:	43cm – 58cm (17" – 23")



HOW TO SET UP RED, ORANGE & GREEN COURTS

RED COURTS

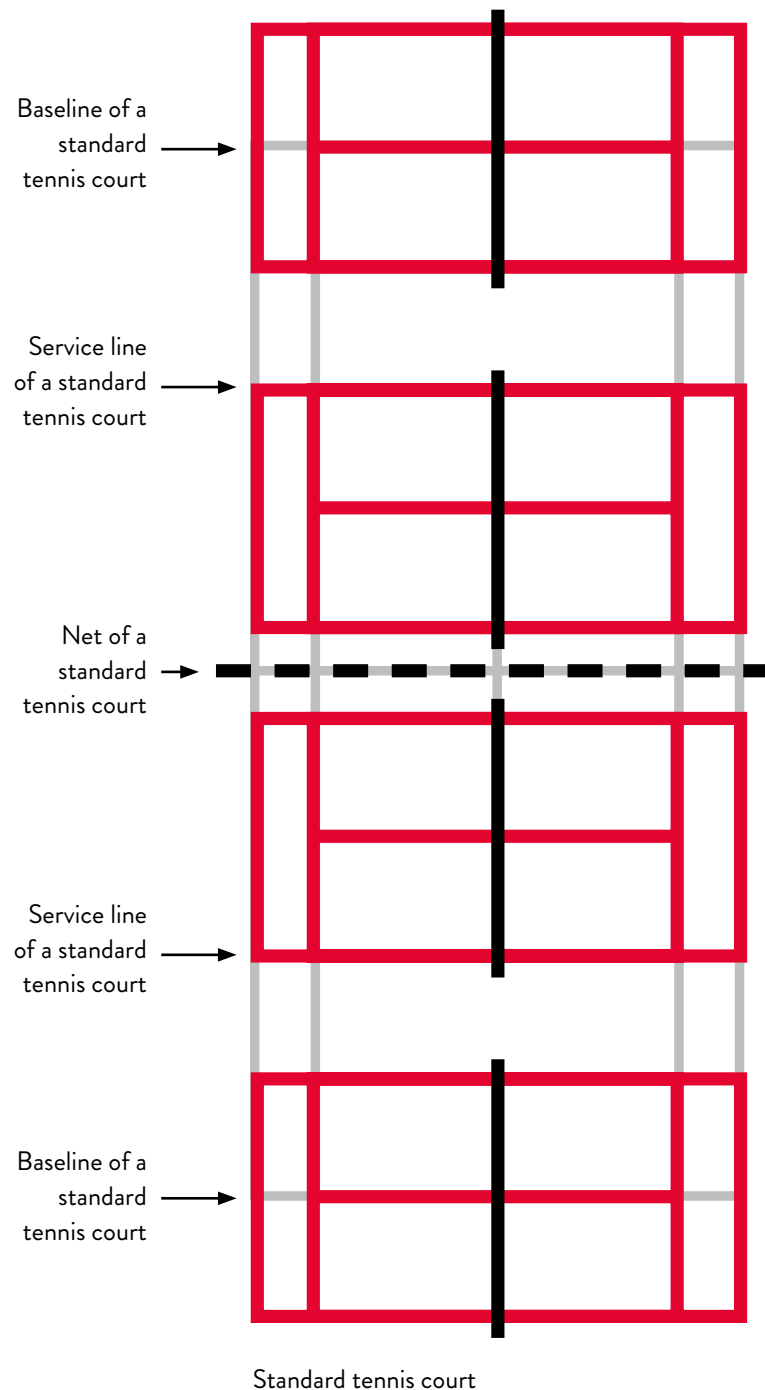
Option 3: Four red courts using the length of one standard tennis court

Using this option makes use of existing lines on the standard tennis court, however, additional lines are required to fully mark out the Red Courts.

These additional lines can be marked using 'throw down' lines, or depending on the surface being used, masking/gaffer tape is also useful to create the additional lines required.

Net of traditional court – some local competition organisers keep this up to act as a divide between the two courts. Others prefer to take it down as it can get in the way of play. A risk assessment is included in this toolkit to help make these local calls.

BALL:	Red (sponge indoor, felt outdoor)
COURT:	11m x 5.5m (OK to use badminton court lines)
NET HEIGHT:	80cm
RECOMMENDED RACKET SIZE:	43cm – 58cm (17" – 23")



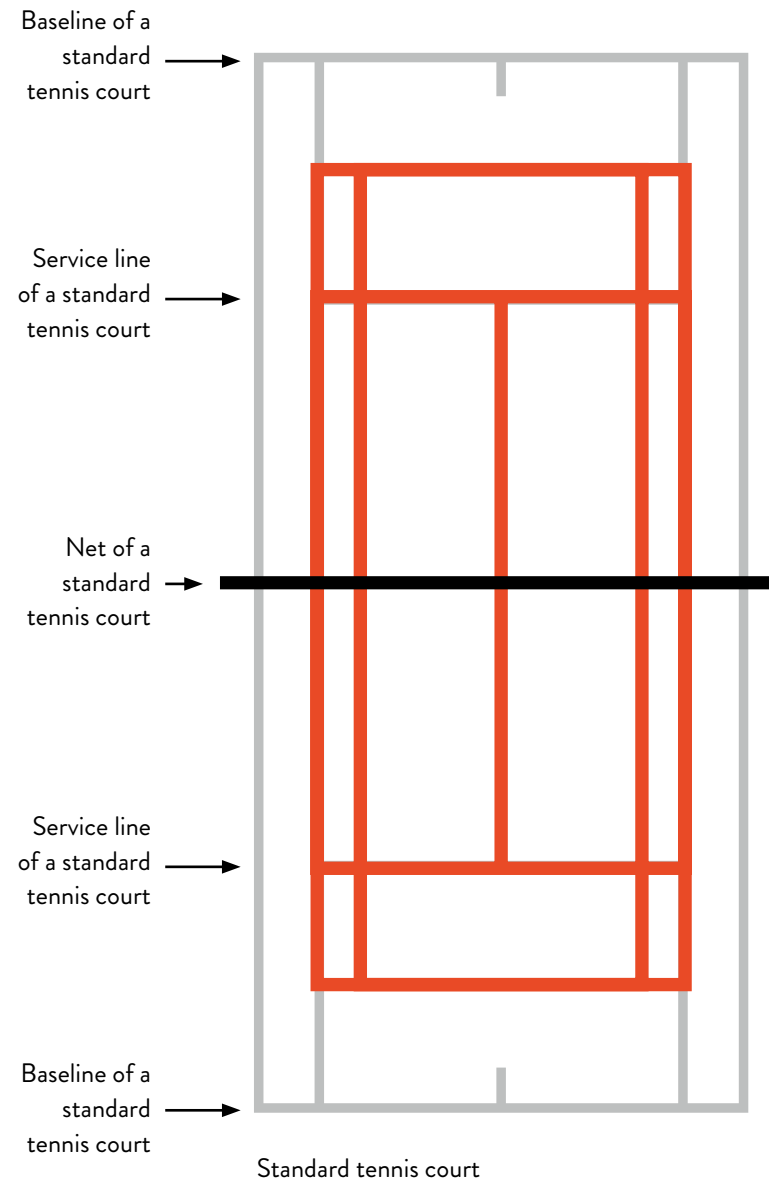
HOW TO SET UP RED, ORANGE & GREEN COURTS

ORANGE COURTS

For competition, the full Orange court is set up on one regulation court.

- Throw down lines should be used to mark out the length and width.
- Service boxes remain the same, the net is lowered to 80cm (31.5 inches).

BALL:	Orange
COURT:	Singles: 18m x 6.5m Doubles Court: 18m x 8.23
NET HEIGHT:	80cm (at middle of net)
RECOMMENDED RACKET SIZE:	58cm – 63cm (23" – 25")

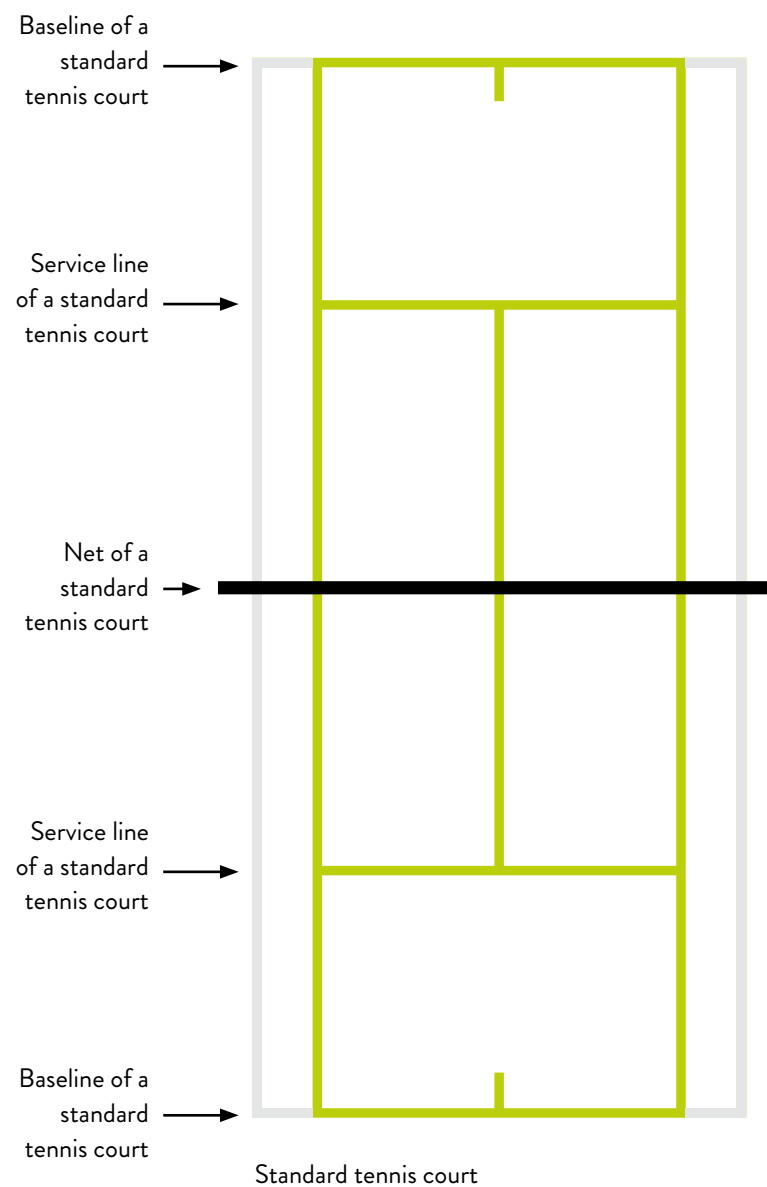


HOW TO SET UP RED, ORANGE & GREEN COURTS

GREEN COURTS

For Green Courts, the full regulation court is used.

BALL:	Green
COURT:	Singles - full singles regulation court Doubles - full singles regulation court
NET HEIGHT:	Full as per regulation court
RECOMMENDED RACKET SIZE:	63cm – 66cm (25” – 26”)





YOUTH SCHOOLS

LTA
The National Tennis Centre
100 Priory Lane, Roehampton
London SW15 5JQ